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We gratefully acknowledge those who support our work:

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- ◆ NewPage Paper Corp.
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 - Rumford Dixfield Roxbury
 - Mexico Andover Byron
 - Peru Hanover Canton
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- ◆ Communities for Children & Youth
- ◆ The Bingham Program
- ◆ The Maine Community Foundation
- ◆ The Maine DEP
- ◆ Community Concepts Inc.
- ◆ Rumford Eagles Club
- ◆ Maine Nutrition Network
- ◆ Maine Arts Commission
- ◆ Agnes Lindsay Trust
- ◆ Many Local Businesses, Volunteers and Friends

River Valley Healthy Communities Coalition
PO Box 86
Rumford, Maine 04276

Serving the River Valley Communities of:

Andover
Byron
Canton
Dixfield
Hanover
Mexico
Peru
Roxbury
Rumford

What is the Coalition?

The River Valley Healthy Communities Coalition is a group of citizens working together on local issues that affect health and quality of life. Members of the community decide together which problems to address.



OUR MISSION STATEMENT

To achieve measurable improvement in the quality of life in the River Valley towns of Northern Oxford County through coordinated, ongoing community health promotion.

How we build Healthy Communities

The River Valley Healthy Communities Coalition selects and prioritizes areas of health (based on need and opportunity) upon which to concentrate.

For each selected area of health, we will:

1. Identify and contact key players and organizations
2. Determine collaborative opportunities and gaps in services.
3. Research best practices within our region and beyond.
4. Develop a work plan for the selected health concern. This plan takes into account current activities, gaps in services, health goals, and best practice models.
5. Provide educational opportunities related to the work plan and best practice models.
6. Seek funding to further accomplish selected health goals.
7. Document health improvement and adjust the work plans as needed.

ACTIVITIES

The RVHCC supports, coordinates and/or facilitates the following projects, programs and groups:

- ◆ River Valley Public Health Initiative
- ◆ River Valley Lead Action Project
- ◆ Teen Center and after school programs
- ◆ Camperships for Day Camp
- ◆ Arts and Cultural Assessment
- ◆ Community Health Assessment
- ◆ Dental Sealant Program
- ◆ Recycling and Household Hazardous Waste Program
- ◆ Community Forums
- ◆ Smoking Cessation Program
- ◆ Maine Network of Healthy Communities

"A healthy city or community embraces the belief that health is more than merely an absence of disease, it includes those elements that enable people to maintain a high quality of life and productivity"

David Satcher, U.S. Surgeon General