

# Ninth Annual New England School of Prevention Studies

## About the Event

The New England Institute of Addiction Studies is pleased to announce the Ninth Annual New England School of Prevention Studies. The event is co-located with the 40th Annual New England School of Addiction Studies, providing opportunities for attendees to take advantage of both programs.

The School of Prevention Studies is designed for prevention professionals from various settings to combine intensive study in an area of special interest with the opportunity to network. The School features keynote addresses and a variety of workshops to choose from, delivered by nationally and regionally recognized speakers. The workshops incorporate a variety of current and emerging research based prevention programming, from core through more advanced skills. This event is a collaborative effort of the New England and New York state substance abuse agencies and several other organizations. We invite you to join us for intensive and stimulating studies and networking.

We are excited about offering the Prevention School and the Addiction School in the same location for the fourth year in a row. Participants have the opportunity to attend offerings from both programs, and co-locating the schools offers wonderful networking and combined learning opportunities for participants working in different areas of the behavioral health services continuum.

## Target Audience

***The school is designed for the following adult professionals:***

- Counselors
- Community Task Force & Coalition Coordinators
- Prevention Practitioners
- Student Assistance Professionals
- Safe and Drug Free Schools Personnel
- Program Managers & Administrators
- State Agency Prevention Staff
- Volunteers and Task Force Members
- Others who deliver prevention services, work in related fields, or are interested in learning more about prevention

## The Program

The program is a combination of major presentations, courses, and facilitated forums. Courses provide intensive, skill based training in research-based prevention programming for the prevention practitioner or administrator.

## Prevention School Co-Sponsors

- Connecticut Department of Mental Health & Addiction Services
- Massachusetts Bureau of Substance Abuse Services
- Maine Department of Health and Human Services, Office of Substance Abuse
- New Hampshire Department of Health & Human Services, Bureau of Prevention Services
- Rhode Island Division of Behavioral Healthcare Services
- Vermont Division of Alcohol and Drug Abuse Programs
- New Hampshire Training Institute on Addictive Disorders
- Drug and Alcohol Treatment Association of Rhode Island
- AdCare Educational Institute, Inc.
- New England Institute of Addiction Studies

***Enjoy networking with colleagues and faculty in our diverse community!***

## SCHOOL ADMINISTRATION

**2009 Host State Agency Director:** Craig Stenning

**NEIAS Executive Director:** William Lowenstein

**Assistant Director:** Denise Adams

**Assistant Coordinator:** Carrie McFadden

**Prevention School Founder:** Joseph Hyde

**Office Manager:** Debbie Beaulieu

## NEW ENGLAND INSTITUTE OF ADDICTION STUDIES

**Telephone:** 207-621-2549

**TTY:** 207-623-0830 Fax: 207-621-2550

**E-mail:** [neias@neias.org](mailto:neias@neias.org) Web Site: [www.neias.org](http://www.neias.org)

**REGISTER ONLINE:** [www.neias.org](http://www.neias.org)

## SCHEDULE

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### Monday, June 1, 2009

8:30 am - 11:30 am	REGISTRATION
11:00 am - 12:30 pm	LUNCH
12:45 pm - 1:45 pm	OPENING PRESENTATION
2:00 pm - 5:00 pm	TRACK A COURSES - Begin
5:00 pm - 6:00 pm	DINNER
6:15 pm - 7:15 pm	STATE MEETINGS
7:30 pm - 8:45 pm	EVENING FORUMS/PRESENTATIONS
8:45 pm - 9:00 pm	BREAK
9:00 pm	*SUPPORT GROUPS

### Tuesday, June 2, 2009

7:00 am - 8:00 am	BREAKFAST
8:00 am - 9:15 am	MAJOR PRESENTATIONS
9:15 am - 9:30 am	BREAK
9:30 am - 12:00 pm	TRACK A COURSES - Continued
12:00 pm - 1:00 pm	LUNCH
1:00 pm - 5:00 pm	TRACK A COURSES - Continued
5:00 pm - 6:00 pm	DINNER
7:30 pm - 8:30 pm	* SHOWTIME - Annual Talent Show
8:30 pm - 9:00 pm	BREAK
9:00 pm	*SUPPORT GROUPS

### Wednesday, June 3, 2009

7:00 am - 8:00 am	BREAKFAST
8:30 am - 12:00 pm	TRACK B COURSES - Begin
12:00 pm - 1:00 pm	LUNCH
1:00 pm - 5:00 pm	TRACK B COURSES - Continued

\* Denotes extra activities participants are not required to attend.

## Teaching Methodology

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When teaching courses, faculty members utilize the following modalities: lecture, audiovisual materials, and practical application in experiential activities, group discussions, and case presentations.

## About the Area

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Located on a stunning 140 acres overlooking Mount Hope Bay, the Roger Williams campus takes advantage of the New England coastline's natural beauty. The location is in historic Bristol, RI, easily accessible from Providence, Boston or New York City. The East Bay has a distinctive character shaped by its relations to Narragansett Bay and the personality of its 50,000 residents. Located only a few miles from the cities of Providence, Newport and Fall River, Massachusetts, the East Bay offers visitors and residents a unique blend of American and Old World heritage.

Recreational opportunities abound in the East Bay. Considered the gem of Rhode Island's state parks, magnificent Colt State Park offers a splendid view of Narragansett Bay and is a favorite for boating, hiking, fishing, picnicking and bicycling. Public parks are common throughout the County and offer abundant opportunities to enjoy open, natural space and aquatic pleasures. Independence Park and Rockwell Park in Bristol have recently been improved to better serve area residents.

## Housing on Campus

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All housing is in single bedrooms, charged at the single rate, unless you and your roommate indicate a mutual roommate preference. NEIAS will NOT match participants in double bedrooms unless they have requested each other. You, the participant, will be responsible to pay the difference between the amount of a scholarship that is based on the double room rate and the cost of a single room in the event you do not have a roommate. Housing on campus will be in traditional basic dormitory rooms. Shared restrooms with multiple bathroom and shower stalls will be located on each hallway. Due to the nature of the dorms, and in an effort to be respectful to ALL participants, males and females will NOT be assigned to the same dorm room, even if requested. There are a limited number of rooms available on campus, which will be assigned by processed application date. Participants may reside on campus, or commute from a local hotel or from home. If you would be more comfortable with the kind of privacy or amenities a hotel room provides, we encourage you to make alternate arrangements. See page 8 for a list of hotels.

## Lodging

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Those who wish to make hotel arrangements should select the "Commuter" option and contact the hotel of their choice directly. Please note that the "Commuter" tuition price includes lunch and dinner on campus, but does not include breakfast or lodging. See page 23 for a list of hotels.

## Continuing Education Units

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All students completing the three-day Prevention Studies program of courses, major presentations, and facilitated forums will receive a certificate of completion for 2.025 CEU's, or 20.25 contact hours from the New England Institute of Addiction Studies. 2.75 Continuing Education Units (27.5 contact hours) will be awarded to students completing a combination of the Prevention School Tracks A & B and Track C of the Addiction Studies School.

## Professional Certification

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The New England Institute of Addiction Studies, Inc. is an Approved NAADAC Education Provider. Through the NH Training Institute on Addictive Disorders, a co-sponsor, this program is pre-approved by the NH Board of Alcohol & Other Drug Abuse Professional Practice and NH Prevention Certification Board for CEU Performance Domains and Categories of Competence as listed on certificates. This program has been approved for 27.5 Continuing Education contact hours for relicensure, in accordance with 258 CMR. Through DATA of Rhode Island, a sponsor, the program will provide contact hours toward chemical dependency certification and licensing and prevention professional certification and licensing through the Rhode Island Board for the Certification of Chemical Dependency Professionals.

Attendance at NESAS will help toward counselor and other professional certification in most states, depending on your state's requirements. Application has been made to several professional organizations to accept New England Institute CEUs, including those certifying social workers.

AdCare Educational Institute, Inc., a co-sponsor, will provide contact hours for nurses (LPN/RNs) through the Massachusetts Board of Registration in Nursing. Nurses from outside Massachusetts should check with their state and professional associations to verify reciprocity or acceptance.

For licensed mental health counselors (LMHCs), AdCare Educational Institute, Inc. is recognized by the National Board for Certified Counselors to offer continuing education for National Certified Counselors (NCCs). AdCare adheres to NBCC Continuing Education Guidelines. To ensure state credentialing, contact your local board of certification.

New York participants: The New England Institute of Addiction Studies, Inc. is a New York State Office of Alcoholism and Substance Abuse Services (OASAS) Education and Training Provider, Provider Number 0456. Application is being made to NYS OASAS for this school to meet all or part of the CASAC/PPP/CPS education and training requirements.

## Academic Credit

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In a collaborative effort with NESAS, Johnson State College offers undergraduate and graduate level academic credit at the Summer School for some courses for an additional fee of \$200 per credit hour. Visit the School section of our web site at [www.neias.org](http://www.neias.org), or contact NEIAS ([neias@neias.org](mailto:neias@neias.org) or 207-621-2549) for a fact sheet or further information about this program. In addition, some colleges and universities approve the NESAS program for undergraduate credit as an independent study for students enrolled in their institutions. Check with your faculty advisor.

## Courses

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Some courses are three-day intensive workshops and will meet each day for the entire program. Some courses are offered in a one-day or two-day format. Selected courses are collaborative offerings of the Prevention School and the Addiction Studies School.

Prevention School participants can select courses from the Prevention School program or the Addiction Studies School program during Tracks A & B. Participants may also stay on Thursday to attend an Addiction Studies School course during Track C.

## Facilitated Forums

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Facilitated forums will provide an interactive opportunity for participants to discuss program implementation issues and solutions, and receive technical assistance from faculty members. Further information will be provided in registration packets at the school and on the website.

## Plenary Sessions

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A plenary series will bring all participants of the Prevention School and Addiction Studies School together to hear about current information on the substance abuse field from noted experts. Further plenary information will be provided in packets and on the website.

## Content Levels

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The following is a guide to determine the appropriate content level for participation in courses. NOTE: Content levels are meant as general guidelines only. Individual course descriptions and your knowledge in the particular topic area should be considered when making course selections. For assistance in course selection please refer to worksheet located with the application at the beginning and end of catalogue.

- CORE: The course material is at a basic level.
- INTERMEDIATE: The course material provides skill enhancement and assumes knowledge of evidence-based prevention.
- ADVANCED: The course material provides new knowledge and strategies for seasoned prevention practitioners with a working knowledge of evidence-based prevention.

## Special Accommodations

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The New England Institute of Addiction Studies is committed to providing accommodations so students with disabilities can participate in the Program. Sign Language Interpreters and Assistive Listening Devices or other accommodations are available on request. The conference site has wheelchair accessible space available. Please note your accommodation requests, such as ASL interpreter, accessible rooms, etc. on the backside of your application form.

## Travel Information

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Refer to Pages 22 - 23 for travel and hotel information.

## To Apply

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Detailed application instructions are on the back of the application form at the end of this catalog.

**Secure online registration is available at [www.neias.org](http://www.neias.org).** Alternately, please complete the application form located at the end of this booklet and mail or fax with payment to the address below:

***New England Institute of Addiction Studies***  
***75 Stone Street, Augusta, ME 04330***  
***FAX: 207-621-2550***

## Cancellation & Refund Policy

All cancellations must be received in writing at the New England Institute by the following deadlines:

- May 15, 2009 ..... Full Refund
- May 22, 2009 before 4:30 p.m. .... \$250 cancellation fee
- From May 22, 2009 after 4:30 p.m. .... \$500 cancellation fee

Cancellations must be faxed (207-621-2550) or e-mailed (neias@neias.org).

### **SPECIAL NOTE TO AGENCIES PAYING TUITION:**

Registrations secured by purchase order or agency authorization letter will be liable for the cancellation and refund policy.

## Refund Policy

Optional fees are non-refundable. Full tuition refunds will be issued if a written cancellation letter is received at the New England Institute by May 15, 2009.

## Registration Substitution

The New England Institute accepts substitutions for participants who cannot attend the school. All substitutions must be received in writing by May 22, 2009. Written substitutions must be faxed (207-621-2550) or e-mailed (neias@neias.org). Please clearly state who is replacing whom. The substitute is required to send a completed application to the New England Institute at the time a written substitution is being submitted. Substitutes wishing to replace scholarship recipients MUST check with their state agency (or other scholarship source).

**IMPORTANT:** Special accommodation requests must be received at the NEIAS office by April 1, 2009 so the appropriate arrangements can be made.

### **Online Catalog Note**

The information in this Prevention School catalog is also posted on the website: <http://www.neias.org>

In addition to the catalog web pages, the web site features:

- Online Prevention School registration through our secure site
- A downloadable Prevention School Catalog
- A downloadable scholarship application from New England states

## Application Deadlines

- April 1, 2009 – For Special Accommodation Requests
- April 17, 2009 – For all other participants
- Applications received after the deadline will be accepted on a space available basis.
- Applications received after May 22 are subject to a \$50 rush fee.

## Payment Deadlines

Full payment or a purchase order or agency letter authorizing payment of the balance must be received by the first day of the program on June 1, 2009.

## Confirmation Materials

You will receive confirmation of your acceptance, directions, and other information **VIA EMAIL** one week prior to the school. (Confirmations may be mailed via United States Postal Service if specifically requested by the participant.) Due to the large volume of applications received and late breaking applicant changes, confirmations will not be sent before May 22, 2009.

## Fees & Tuition Rates

### RESIDENTIAL PARTICIPANTS

\* All housing is in single bedrooms, charged at the single rate, unless you have a roommate. NEIAS will NOT match participants in double bedrooms, unless they have requested each other. Lodging will be on campus in traditional dormitory rooms with shared bathroom facilities.

### Residential Program – *Monday - Wednesday (Tracks A & B)*

- \$725 per person for single bedroom
- \$630 per person for \*double bedroom
- Continuing Education Hours (15.75 CEUs - Tracks A & B);
- Meals served in the college cafeteria include Monday lunch through Wednesday lunch; and
- Lodging is provided Monday night through Wednesday morning.

### Non-Residential/Commuter

Opportunities are available to attend the school on a non-residential basis. Those who wish to commute may attend the classes and presentations for full credit at this reduced tuition rate. Students may commute from home or make their own arrangements for housing. There are no further rate reductions for commuters who do not take meals on campus. For a list of hotels and motels, see page 23.

### Full Non-Residential Program – *Monday - Wednesday*

#### **\$465 per person**

- Continuing Education Hours - (15.75 CEUs - Tracks A & B);
- Meals served in the college cafeteria include lunch & dinner (no breakfast) Monday lunch through Wednesday lunch; and
- No lodging is provided. Students may commute from home or make their own arrangements for lodging.

### Partial Non-Residential Program

#### **TRACK A (Mon-Tues) or Track B (Weds) or Track C (Thurs)**

#### **\$235 per person**

- Continuing Education Hours - (Track A Mon-Tues - 8.75 CEUs or Track B Weds - 7 CEUs);
- Meals served in the college cafeteria include lunch (no breakfast) on days of courses; and
- No lodging is provided. Students may commute from home or make their own arrangements for lodging.

### 4-Day Training

#### **151ABC Participants and Those Attending Track C at the Addictions Studies School**

### Residential Program – *Monday - Thursday*

(Includes Tracks A, B, And Track C Option)

#### **\$830 per person for single bedroom**

#### **\$730 per person for \*double bedroom**

- Continuing Education Hours (21.75 CEUs);
- Meals served in the college cafeteria include Monday lunch through Thursday lunch; and
- Lodging is provided Monday night through Thursday morning.

### Week-Long Non-Residential Program

#### **Monday - Thursday (Includes Tracks A, B, And Track C Option)**

#### **\$540 per person**

- Continuing Education Hours (21.75 CEUs);
- Meals served in the college cafeteria include lunch & dinner; and
- No lodging is provided. Students may commute from home or make their own arrangements for lodging.

## ADDITIONAL OPTIONAL FEES

(NON-REFUNDABLE)

Optional fees are nonrefundable. Options may be added to your registration by contacting NEIAS in writing by May 15, 2009.

- Purchase a T-Shirt: \$10 each

## Scholarships

Some New England state alcohol and drug abuse agencies have set aside funds for partial scholarships. For more information on how to apply and your state scholarship deadlines, visit the school web site at <http://www.neias.org> where you can download most scholarship instructions, or contact the New England Institute at 207-621-2549 or [neias@neias.org](mailto:neias@neias.org).

**CONNECTICUT RESIDENTS:** CT agencies were contact earlier this year. CT DMHAS scholarships to ALL NEIAS programs are awarded each year in a multi-event scholarship process that begins in February.

**Please Note:** Applying only to the school does not mean that you have applied for a scholarship. You must follow your state's scholarship application process and meet their application deadlines. If you apply for a scholarship and will NOT attend if you do not receive scholarship funding, select "Please withdraw if I do not receive a scholarship" on your application form. Otherwise, you will be responsible for your balance due if you do not cancel your application.

## Special Thanks!

- To the Planning Committee for the 9th Annual New England School of Prevention Studies:
- Karen Crowley - Vermont Department of Health, Division of Alcohol and Drug Abuse Programs
- Sandra Puerini Del Sesto - Institute for Addiction Recovery, Rhode Island College
- Judith Fellows - Vermont Department of Health, Division of Alcohol and Drug Abuse Programs
- Tania Garcia - Prevention Planning Partner
- Steve Keel - Massachusetts Department of Public Health
- Dianne Harnad - Connecticut Department of Mental Health and Addiction Services
- Joseph Hyde - Drug and Alcohol Treatment Association of Rhode Island
- Marcia LaPlante - Vermont Department of Health, Division of Alcohol and Drug Abuse Programs
- Gail Link - Connecticut Department of Mental Health and Addiction Services
- Deborah McLean Leow - Prevention Planning Partner
- Carol Meredith - Connecticut Department of Mental Health and Addiction Services
- Geoffrey Miller - Maine Department of Health and Human Services, Office of Substance Abuse
- Valerie Morgan - New Hampshire Department of Health & Human Services
- Jose Morales - Massachusetts Department of Public Health
- Dianne Pepin - New Hampshire Training Institute on Addictive Disorders
- Shannon Quinn - New Hampshire Department of Health & Human Services
- Charles Williams - Rhode Island Division of Behavioral Healthcare Services
- James Wuelfing - The New England Center

## STATE SCHOLARSHIP CONTACTS

### CONNECTICUT

Gail Link, Project Manager  
CT Dept. of Mental Health & Addiction Services  
Education & Training Division  
PO Box 351, Beers Hall Eastern Drive  
Middletown, CT 06457  
PHONE: 860-262-5062  
FAX: 860-262- 5073  
EMAIL: [gail.link@po.state.ct.us](mailto:gail.link@po.state.ct.us)  
WEB: [www.dmhas.state.ct.us/educationtraining.htm](http://www.dmhas.state.ct.us/educationtraining.htm)

### MAINE

Tom Lewis, Office Manager  
Maine Department of Health and Human Services  
Office of Substance Abuse  
State House Station #11, Augusta, ME 04333-0111  
PHONE: 207-287-6342  
FAX: 207-621-2550  
EMAIL: [Tom.Lewis@maine.gov](mailto:Tom.Lewis@maine.gov)  
The Harold Miner Scholarship will be offered through the regular Maine scholarship process.

### MASSACHUSETTS

Tonya Fernandes  
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### NEW HAMPSHIRE

Dianne Pepin, Director  
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FAX: 603-271-6105  
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### RHODE ISLAND

Lori Dorsey, LICSW, LCDCS,  
Senior Public Health Promotion Specialist  
RI Department of MHRH  
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### VERMONT

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EMAIL: [KCrowley@vdh.state.vt.us](mailto:KCrowley@vdh.state.vt.us)  
WEB: <http://www.healthvermont.org>

# Instructions

Use this worksheet to assist you in selecting courses. Be sure to refer to the course descriptions on pages 29 - 32.

## **Please note:**

- Participants attend the School as guests and at the pleasure of the New England Institute and Roger Williams University.
- The New England Institute recommends that you retain a copy of this catalogue with your certificate files.

## **Write your choices here and on your application form located at the end of this booklet:**

- Every effort will be made to assign you to your first choice. Submit a completed registration form early to ensure your first choice is available.
- Course assignments are based on the date complete applications are processed.
- Occasional unavoidable circumstances beyond the control of The New England Institute may result in the cancellation of a small number of courses.

## Prevention School Course Lists

### Track ABC 21.75-Hour Course

#### Monday – Thursday

NOTE - ALSO MEETS DURING TRACK C AND RUNS LONGER THAN OTHER PREVENTION SCHOOL COURSES

Monday - Thursday during Tracks A and B, and Addiction School Track C

151.ABC Substance Abuse Prevention Specialists Course

### Track AB 15.75-Hour Courses

#### Monday - Wednesday

Monday - Wednesday during Tracks A and B

251.AB Sustaining Your Coalition's Prevention Efforts

### Track A 8.75-Hour Courses

#### Monday – Tuesday

Monday afternoon - Tuesday

351.A Prevention for 18 - 25- Year-Olds in the Workplace and Other (Non-College) Settings

352.A Adolescent Development and Prevention of High Risk Behaviors

Shared Track A Prevention School and Addiction School Courses:

341.A Promoting Recovery with Recovery Support Services

342.A Relapse Prevention and the Continuum of Care...Prevention? Treatment? Healthy Living?

343.A Changing Minds - Changing Lives. Addressing Addiction Outside of Treatment Settings (HS)

### Track B

### 7-Hour Courses

#### Wednesday

451.B Prevention for 18 - 25- Year-Olds in a College Setting

452.B Environmental Strategies

Shared Track A Prevention School and Addiction School Courses:

441.B Deepening Our Understanding of Culture and Its Integration into

Competent Prevention, Intervention, Treatment, and Recovery Work

442.B Relational Trauma and Addictive Disorders

443.B Street Drugs And Current Trends: Oxycontin, Ecstasy, Ice, GHB,"Cat", Ketamine, DXM, and Other Synthetics

444.B Youth Suicide Prevention Gatekeeper Training

## Prevention School Course Descriptions

### Track ABC 21.75-Hour Course

#### Monday – Thursday

NOTE - ALSO MEETS DURING TRACK C AND RUNS LONGER THAN OTHER PREVENTION SCHOOL COURSES

Monday - Thursday during Tracks A and B, and Addiction School Track C

#### 151.ABC Substance Abuse Prevention Specialists Course

*Sandra Puerini Del Sesto, M.Ed. (RI)*

This course is based on the curriculum for prevention specialists developed by CSAP's five Centers for the Application of Prevention Technologies (CAPT). Core knowledge and skill areas for prevention specialists will be addressed. This course will include: An introduction to the science and art of prevention; Current prevention theory and research findings; Basic elements of the Strategic Prevention Framework; Assessing prevention needs, resources and readiness; Strategic prevention program planning; Selecting prevention strategies; Evaluating Prevention Programs and Logic Models; The cultural context of prevention; Basic prevention ethics; The competent prevention provider: Applying all you have learned.

#### **OBJECTIVES: Participants will:**

1. Define research-based prevention and list the building blocks of successful prevention;
2. Describe several theories of substance abuse prevention and apply the risk factors/protective factor theory to a community setting;
3. Describe and apply the five steps of SAMHSA's strategic prevention framework (SPF) in developing a community plan;
4. Explain and apply the CSAP and NIDA prevention principles;
5. Describe the key components of evaluation;
6. Develop a logic model as a guide to creating an evaluation plan;
7. Discuss dimensions and elements of culture and diversity and their relationship to the strategic prevention framework;
8. Describe how developmental changes occurring throughout people's

- lives have implications for prevention strategies;
- Describe environmental prevention strategies and their role in community-based prevention;
  - Examine a sample code of ethical conduct for prevention professionals; and
  - Apply lessons learned in the curriculum to a community case study.

**TARGET AUDIENCE:** This course is designed for prevention professionals with 1 to 5 years of experience who wish to obtain core prevention skills.

**CONTENT LEVEL:** Core to Intermediate

**NOTE:** Participants taking this course (151.ABC) **MUST** also sign up for the Track C option, since the course will continue on Thursday.

## Track AB 15.75-Hour Courses

### Monday - Wednesday

#### 251.AB Sustaining Your Coalition's Prevention Efforts

*Steven Ridini, Ed.D. (MA) and Gail Taylor (VA)*

This workshop will offer participants a focused opportunity to explore and reflect on sustainability, particularly within the context of SAMHSA's Strategic Prevention Framework (SPF) planning process. Key elements of sustainability will be described and discussed. Participants will have the opportunity to effectively utilize theory and practical strategies as they identify sustainability strengths, challenges, and ways to address these challenges.

**OBJECTIVES: Participants will:**

- Define the key elements of sustainability;
- Define these elements as they relate to the SPF and prevention coalitions;
- Identify their own coalition's sustainability strengths, challenges, and solutions; and
- Have the opportunity to apply theory and practical strategies to sustain local prevention efforts.

**TARGET AUDIENCE:** Participants should be prevention practitioners working with community groups

**CONTENT LEVEL:** Intermediate to Advanced

## Track A 8.75-Hour Courses

### Monday – Tuesday

#### 351.A Prevention for 18 - 25- Year-Olds in the Workplace and Other (Non-College) Settings

*Deborah McLean Leow, MSW (NY) and Geoff Miller, M.Ed. (ME)*

This course will focus on the prevention of alcohol and drug abuse for 18 to 25 –year-olds who are not in college settings. It can be especially challenging to reach young adults who are not found on a campus. Developmental aspects of young adult use will be considered. Strategies to engage this population in different sectors through the workplace or, for those not employed, or in other sectors, will be discussed.

**OBJECTIVES: Participants will:**

- Name two important developmental considerations for 18 – 25-year-olds that are important to consider in prevention efforts; and
- Describe an approach to engage young adults for two different settings.

**TARGET AUDIENCE:** Clinicians

**CONTENT LEVEL:** Core to Advanced.

#### 352.A Adolescent Development and Prevention of High Risk Behaviors

*Presenter To Be Announced*

As technology improves, new and emerging research is helping to place adolescent behavior in a developmental context. Research shows that the human brain continues to develop throughout adolescence and is especially vulnerable to substance use and impulsive behaviors. This course will describe prevention strategies to reduce high risk behaviors; in particular, prevention strategies will be related to corresponding adolescent development.

**OBJECTIVES: Participants will:**

- Discuss two aspects of adolescent brain development;
- Relate these two aspects of adolescent development to high risk behaviors; and
- Describe two prevention strategies and relate them to adolescent development.

**TARGET AUDIENCE:** Prevention professionals and others who work with adolescents

**CONTENT LEVEL:** Core to Advanced.

#### Shared Track A Prevention School and Addiction School Courses:

#### 341.A Promoting Recovery with Recovery Support Services

*James Wuelfing (MA)*

This interactive course will explore emerging Recovery Supports Services and the impact upon treatment and prevention practices. Drawing on Connecticut's experience, this course will highlight some of the important issues related to this evolving model. For example, participants will explore the concept of a recovery coach or recovery support specialist and discuss some of the issues, ethics and challenges faced by those interested in serving people in recovery in this capacity. Group exercises, discussions and breakout sessions will be used to allow for in depth conversation of the concepts. The course will bring to light several of the guiding principles related to recovery support services and will offer participants resources and materials that can assist them in implementing these services within their community. People in recovery are especially encouraged to attend.

**OBJECTIVES: Participants will:**

- Describe the role of a recovery coach or recovery support specialist;
- Name three guiding principles related to recovery support services; and
- Discuss the resources that emerging Recovery Supports Services can provide to people in treatment or receiving other social services, as well as connections with prevention programs.

**TARGET AUDIENCE:** People in recovery, behavioral health clinicians, prevention specialists, supervisors, administrators, and others who wish to learn more about recovery based models

**CONTENT LEVEL:** Core to Advanced.

**SPECIAL NOTE:** It is expected that those attending this interactive and challenging course will come with an open mind and willing to explore their own attitudes and opinions in a safe and respectful manner.

## 342.A Relapse Prevention and the Continuum of Care... Prevention? Treatment? Healthy Living?

*Phil Diaz, MSW (FL)*

This workshop will provide a highly interactive opportunity for people working in prevention, treatment, and recovery support to discuss how these disciplines may collaborate to prevent relapse and promote recovery and healthy communities. To provide a framework for our discussion, we will briefly review some related models across the continuum, such as: relapse prevention, relapse warning signs, recovery support, risk and protective factors used in prevention, environmental strategies, and the Institute of Medicine classifications of universal, selective, and indicated preventive interventions. Often considered solely in terms of treatment, the relapse prevention model is a highly proven recovery maintenance model, and can be especially effective for adolescents, women, elders, and criminal justice populations. However, primary prevention strategies that prevent substance use in a community may also prevent relapse, such as environmental strategies that reduce access to alcohol and other drugs. Relapse prevention may also reduce risk factors and increase protective factors for an individual in recovery and their family. Opportunities for prevention, treatment, intervention, and recovery support professionals to share knowledge and skills, and identify collaborative approaches will be emphasized.

### **OBJECTIVES: Participants will:**

1. Describe a model from part of the continuum of care that is new to them; and
2. Name two common aspects of two different models; and
3. Identify three ways that disciplines can collaborate across the continuum to prevent relapse and support recovery and healthy communities.

**TARGET AUDIENCE:** All who work across the continuum of care: prevention, intervention, treatment, and recovery support

**CONTENT LEVEL:** Core to Advanced

## 343.A Changing Minds - Changing Lives. Addressing Addiction Outside of Treatment Settings

*Lindy Keller, MS, LADC (NH)*

The vast majority of people who suffer from the disease of addiction never make it to professional addiction treatment, but they are seen in related health, education, corrections, counseling and other human service agencies.

This introductory workshop is designed to help professionals in those fields to integrate knowledge and skills about addressing addiction into regular interactions with their clients so they can recognize, motivate, refer and support recovery efforts. Course content is based on current information that puts a human face on the illness of addiction. It is intended to help participants work more effectively with the addicted client within the parameters of their own agency's mission and goals. Topics will include: neurological basis of addiction; its effects on a person's thinking, behavior, emotions, and sense of self; recovery; stages of change; motivational techniques and resources. Presentations will be didactic, experiential, and interactive.

### **OBJECTIVES: Participants will be able to:**

1. Describe the neurological process of addiction;
2. Explain how addiction manifests in various aspects of the whole person;
3. Identify the 5 stages of change;
4. Match intervention strategies to stages;
5. Access appropriate educational resources; and
6. Define levels of care for addressing alcohol and other drug issues.

**TARGET AUDIENCE:** Health, education, corrections, counseling and other human service professionals

\*This course may be appropriate for interns or beginning counselors, but it is not appropriate for experienced addiction counselors.

**CONTENT LEVEL:** Core to Intermediate

8 | 40th Annual New England School of Addiction Studies

**Additional courses:** Prevention School participants may also take Addiction School Courses on pages 12 - 15.

## Track B 7-Hour Courses

### Wednesday

#### 451.B Prevention for 18 - 25- Year-Olds in a College Setting

*Lee Anne Dodge and Rebecca Ireland (ME)*

This course will focus specifically on the prevention of alcohol and drug abuse for the college population. Patterns of abuse and developmental aspects will be reviewed. Finally, risk and protective factors, screening and identification, and appropriate prevention strategies for this population in a college or university setting will be discussed.

### **OBJECTIVES: Participants will:**

1. Name three important developmental considerations for 18 – 25-year-olds that are important to consider in prevention efforts; and
2. Describe three effective strategies for the 18 – 25-year-old population on a college campus.

**TARGET AUDIENCE:** Prevention Professionals

**CONTENT LEVEL:** Intermediate

#### 452.B Environmental Strategies

*Brenda Amodei, MA, CPSS and Karen Friend, Ph.D. (RI)*

Environmental strategies are prevention efforts aimed at changing the shared community environment in which substance use and abuse occurs. Rather than focusing on individuals, environmental approaches, such as limits on access and tax increases, target external factors that influence individuals. A compelling body of evidence demonstrates that ATOD environmental strategies, when enforced, are associated with changes in norms and decreased consumption and substance-related problems. This course will examine environmental strategies and address how they can be implemented at the community level.

### **OBJECTIVES: Participants will:**

1. Define and classify environmental strategies;
2. Distinguish between individual and environmental strategies and identify the benefits of the latter;
3. Understand the key components of environmental strategies, including media, policy, and enforcement, and how they work synergistically; and
4. Discuss several case studies involving environmental policy implementation at the community level, from needs assessment to outcome evaluation.

**TARGET AUDIENCE:** Prevention Specialists

**CONTENT LEVEL:** Intermediate

## Shared Track B Prevention School and Addiction School Courses:

### 441.B Deepening Our Understanding of Culture and Its Integration into Competent Prevention, Intervention, Treatment, and Recovery Work

*Sponsored by the Addiction Technology Transfer Center of New England - James Wuelfing (MA) and Haner Hernandez, Ph.D. CADAC II, LADC I (MA)*

This course will explore practical approaches to culturally appropriate programming. Through dialogue, exercises and practical application, participants begin by exploring the importance of culture and cultural competency by examining both the dynamics of difference and the personal filters that one brings to one's work. This deeper understanding is then applied to many aspects of selecting and providing culturally competent prevention services. Issues of cultural inclusion beyond the strategies of outreach and access will be explored. Ample opportunity for practical application of the material on both a personal and professional level will be provided.

**OBJECTIVES: Participants will:**

1. Self-assess individual cultural competence;
2. Assess agency preparedness for cultural competence; and
3. Create an action plan for individual and agency improvements.

**TARGET AUDIENCE:** All Interested

**CONTENT LEVEL:** Core to Advanced

### 442.B Relational Trauma and Addictive Disorders

*Raymond McGarty, MS, LADC, LCS (NH)*

This course will provide a foundation for those who wish to learn more about the relationship between early life interpersonal trauma, abuse, neglect and or severe humiliation, and addictive disorders. The prevalence of trauma related disorders is extremely high among individuals with addictive disorders. Rates of childhood physical, sexual, and emotional abuse, as well as histories of neglect, humiliation and severe attachment difficulties are very high among this population. These issues complicate addiction treatment and the recovery process in profound ways. Persons with such histories exhibit severe deficits in capabilities such as emotion regulation, impulse control, as well as severe impairment in the ability to function adaptively in relationships. By the time such individuals enter treatment they have become significantly phobic of their own bodily, emotional, and mental responses, as well as being phobic for traumatic memories and intimate relationships. Material related to understanding and treating all of the above issues will be presented in this workshop.

**OBJECTIVES: Upon completion of this workshop participants will:**

1. Understand the common brain systems involved in trauma and addiction, and the neurobiology of traumatic memory;
2. Understand how interpersonal trauma creates problems with affect and emotion regulation, relational difficulties, and impairment at the somatic (body), emotional, and cognitive levels;
3. Understand phase oriented treatment of various phobic responses of trauma survivors, with an emphasis on establishing a bodily sense of safety and competence.

**TARGET AUDIENCE:** Clinicians doing counseling for people with substance use disorders and prevention professionals

**CONTENT LEVEL:** Core to Advanced

### 443.B Street Drugs And Current Trends: Oxycontin, Ecstasy, Ice, GHB, "Cat", Ketamine, DXM, and Other Synthetics

*Mary-K O'Sullivan, M.A., LMFT, LADC, LPC (CT)*

Designer drugs, such as Ice, Oxycontin, Ecstasy, Ketamine, DXM, GHB, and other synthetics for a variety of reasons, are becoming an epidemic in the United States. Many clinicians and clients are unaware of their use because they can be sold under traditional trade names that disguise their origin. This course will focus upon providing the information necessary for clinicians to appropriately address the current changes in drug use. Special attention will be given to the composition, effects, and ramifications of the use of these chemical derivatives. Issues of particular interest will include availability, economic accessibility, and legal issues that promote their use to potentially epidemic proportions.

**OBJECTIVES: Participants will be able to:**

1. Describe basic composition of the most prevalently used synthetic & designer drugs;
2. Define the major effects of each of these substances;
3. Describe the dynamics that create the demand for these drugs; and
4. Review intervention methods and techniques for use with clients currently using these substances.

**TARGET AUDIENCE:** This course is open to any professional working in the areas of prevention or treatment of substance abuse.

**CONTENT LEVEL:** Core to Advanced

### 444.B Youth Suicide Prevention Gatekeeper Training

*Linda Williams, MA (ME) and Greg Marley, LCSW (ME)*

Gatekeeper Training is a day-long program designed as a basic introduction to suicide prevention, intervention, and postvention (after a suicide) information and skills. Participants learn how to recognize suicidal behavior, how to respond, and where to find help. The day provides a broad view of suicide rather than how to do an in-depth clinical assessment of a suicidal individual. Professional/clinical backup in support of gatekeepers is absolutely critical. While the focus of the day will be on youth, the skills learned are appropriate for work with people of any age.

**OBJECTIVES: By the end of the training, participants will benefit both personally and professionally through:**

1. Increased general knowledge about youth suicidal behavior;
2. Increased ability to respond to suicidal youth with specific, basic suicide intervention skills; and
3. Increased person confidence and ability to effectively manage the aftermath of suicidal behavior.

**TARGET AUDIENCE:** This program is for any adult willing to learn how to recognize and respond to suicidal behavior. Anyone can learn to be a gatekeeper.

**CONTENT LEVEL:** Core to Advanced.

**Additional courses: Prevention School participants may also take Addiction School Courses.**

# NINTH ANNUAL NEW ENGLAND SCHOOL OF PREVENTION STUDIES

## APPLICATION

**REGISTRATION DEADLINE:**  
April 17, 2009

**June 1 - 3, 2009**  
**Roger Williams University • Bristol, RI**

PLEASE COMPLETE ALL SECTIONS & BOTH SIDES. PRINT CLEARLY. CONFIRMATIONS WILL BE E-MAILED ONE WEEK BEFORE PROGRAM.

Please send to: NEIAS, 75 Stone St., Augusta, ME 04330 • 207-621-2549 • FAX: 207-621-2550 or apply online at [www.neias.org](http://www.neias.org)

Mr.  Ms. First \_\_\_\_\_ Middle \_\_\_\_\_ Last \_\_\_\_\_

Last 4 digits of Social Security Number

Date of Birth   /   /

Please include both addresses and indicate which to use for correspondence.  Home  Business

Month      Day      Year

### HOME

Street \_\_\_\_\_

City \_\_\_\_\_

State \_\_\_\_\_ Zip \_\_\_\_\_

Phone (      ) \_\_\_\_\_

Emergency Contact Name/Relationship REQUIRED \_\_\_\_\_

Emergency Phone REQUIRED (      ) \_\_\_\_\_

### WORK

Agency Name \_\_\_\_\_

Street \_\_\_\_\_

City \_\_\_\_\_

State \_\_\_\_\_ Zip \_\_\_\_\_

Phone (      ) \_\_\_\_\_ Fax (      ) \_\_\_\_\_

Email \_\_\_\_\_

Alternate Email \_\_\_\_\_

### PAYMENT: (INCLUDING SCHOLARSHIP APPLICANTS)

#### TUITION RATE: (CHECK ONLY ONE TUITION RATE)

#### WEEKLONG 151ABC or TRACKS A, B, & C OPTION:

- \$540 Commuter
- \$830 Single Bedroom
- \$730 \* Double Bedroom  
\*Roommate name required. Please indicate below.

#### REGULAR PROGRAM Mon. - Weds. (Tracks A & B):

- \$465 Commuter
- \$725 Single Bedroom
- \$630 \* Double Bedroom  
\*Roommate name required. Please indicate below.

#### PARTIAL/PROGRAM (One Track Course)

ONE Course COMMUTER  \$235

#### OPTIONAL FEE: (NON-REFUNDABLE)

Options may be added by contacting NEIAS in writing until May 15, 2009.

**Purchase a T-Shirt:**  \$10 T-Shirt;  
Please indicate size for T-shirt below:

- Small     Medium     Large
- X-Large     XX-L     XXX-L

**TOTAL DUE:** \_\_\_\_\_

First floor bedroom needed for medical reasons

\* Roommate Name \_\_\_\_\_  
All housing is in single bedrooms, charged at single rate, unless you have requested a specific roommate. NEIAS will NOT match participants in double bedrooms, unless they have requested each other. Roommates must be of same gender due to housing setup. Rooms are non-smoking traditional dormitory rooms, with SHARED bath, assigned in the order applications are received.

**RESIDENTIAL:** Housing on campus will be in traditional dormitory rooms, located in hallways. Shared restrooms with multiple bathroom & shower stalls will be located on each hallway. There are a limited number of rooms available on campus, which will be assigned by processed application date. Participants may reside on campus, or commute from a local hotel or from home. See reverse for more details.

**COMMUTER:** This option is available to participants who are staying in a hotel or commuting from home to the college and do not need a room on campus. The commuter rate includes tuition, CEUs, lunches and dinners (no breakfast) in the campus cafeteria as noted on reverse. The fee DOES NOT include lodging. For a list of hotels and motels, see page 23.

### TARGET AUDIENCE VERIFICATION

Please check one. I consider myself to be:

- CORE:** A new prevention practitioner seeking basic skills.
- INTERMEDIATE:** A prevention practitioner with some experience and a basic knowledge of evidence-based prevention.
- ADVANCED:** A seasoned prevention practitioner with knowledge of evidence-based prevention.

### METHOD OF PAYMENT:

Payment of \$ \_\_\_\_\_ enclosed. I will pay balance of \$ \_\_\_\_\_ by 6/1/09.

Please indicate how payment will be made:

- Attached Purchase Order # \_\_\_\_\_ for \$ \_\_\_\_\_
- Attached Letter Authorizing Agency Billing for \$ \_\_\_\_\_
- Check or Money Order # \_\_\_\_\_ (Payable to NEIAS) for \$ \_\_\_\_\_
- Credit Card Charge \$ \_\_\_\_\_  MasterCard  Visa  American Express

#### Credit Card Number

-     -     -

Expiration:     Security Code (3 digits on back of card):

Name on Credit Card \_\_\_\_\_

CC Holder's Billing Address \_\_\_\_\_ ZIP \_\_\_\_\_

Authorized Signature \_\_\_\_\_

**COMPLETING REGISTRATION:** Include your \$250 deposit & complete payment information. Your application will be set aside until a deposit by check, money order, credit card, purchase order or written billing authorization is received. I have read and understand all payment, cancellation, and refund policies pertaining to this registration. (See reverse for more details.)

### SCHOLARSHIP APPLICANTS

**NOTE:** This application is NOT a state scholarship application. To apply for a scholarship, follow your state's procedures. See page 28 for state contacts.

I am sending a scholarship application to: \_\_\_\_\_  
(specify state agency)

**TOTAL TUITION less ANTICIPATED SCHOLARSHIP = AMOUNT DUE BY 6/1/09 \$** \_\_\_\_\_

**NOTE:** The amount of scholarship assistance varies among states. You are personally responsible for unpaid amounts by 6/1/09.

#### If a scholarship is NOT awarded:

- Please withdraw my application.
- I will pay my tuition.
- My agency will pay my tuition.
- My tuition will be paid by my agency and self.  
(Complete all payment information on left.)

**CONTINUED ON OTHER SIDE - PLEASE COMPLETE and SEND**

Please clip along the dotted line

NAME: \_\_\_\_\_

**COURSE SELECTION** Use the course selection descriptions beginning on page 29 to make your course choices. Please identify 1st, 2nd and 3rd choices by course number and name for each TRACK. Students are assigned according to date application is processed.

<b>TRACK A:</b> Mon. PM & Tues. all day Choose only A, AB, or ABC courses.	<b>1<sup>ST</sup> CHOICE</b> (course # )	<b>2<sup>ND</sup> CHOICE</b> (course # )	<b>3<sup>RD</sup> CHOICE</b> (course # )
<b>TRACK B:</b> Weds. all day Choose only B courses (unless AB/ABC)	<b>1<sup>ST</sup> CHOICE</b> (course # )	<b>2<sup>ND</sup> CHOICE</b> (course # )	<b>3<sup>RD</sup> CHOICE</b> (course # )
<b>ADDICTION STUDIES SCHOOL TRACK C:</b> Thurs. all day and Fri. AM See pages 18 - 22.	<b>1<sup>ST</sup> CHOICE</b> (course # )	<b>2<sup>ND</sup> CHOICE</b> (course # )	<b>3<sup>RD</sup> CHOICE</b> (course # )

**ACCOMMODATIONS** The conference site has wheelchair access available; however, advanced notice is required. **NOTE: Application deadline is April 1, 2009 for special accommodation requests. ASL interpreters, assistive listening devices or other accommodations available upon request.** I request the following accommodations:  Sign Language Interpreter  Assistive Listening Device  Wheelchair Accessibility  Other (Specify

Accommodations - Please note any serious food allergies) \_\_\_\_\_

**APPLICATION INSTRUCTIONS**

Please print clearly in black ink, and fill out application form completely.

1. Decide whether you want to take:

- a) **FULL PROGRAM:** One Track A course and one Track B course
- b) **FULL PROGRAM:** One 15.75-hour course (Track AB)
- c) **PARTIAL PROGRAM:** Select only ONE course from Track A, B, or C
- d) **Optional Track C Addiction Studies School Course** (FULL PROGRAM ONLY)

2. Use the Course Selection Worksheet on Page 29.

- a) Select your first choice for a workshop from each track you will attend (A,B,C). Indicate the course number on the application form.
- b) Be sure to select a second and third choice for each time period, and indicate those course numbers on the application as well. When choosing courses, refer to the detailed course descriptions on pages 29 through 32. Carefully review the course descriptions, content levels, & target audiences.

3. **Include your \$250 deposit.** This may be in one of the following forms: \$250 deposit by check (payable to NEIAS), money order, credit card authorization for \$250, agency purchase order for the complete amount due, or agency letter authorizing billing for the complete amount due. Applications will be set aside until a deposit, credit card, or written billing authorization is received.

4. **Be sure to note your housing needs and any options.** All housing is single, charged at the single rate, unless you have a roommate. NEIAS will NOT match participants in double bedrooms, unless they have requested each other.

5. **Provide complete payment info.** If your agency is paying a portion or all of your bill: An agency purchase order, letter authorizing billing, or an agency check must be included with your application. Agency purchase orders or official letters of authorization will be honored but must include: the name(s) of persons registering, the amount(s) that will be paid, the name, phone number, and signature of the person authorizing billing, and the complete billing address. Your application will be set aside until complete billing information is received.

6. **If applying for a scholarship to cover a portion of your expenses:**

Scholarship applicants must provide complete payment information for the expected balance, and indicate instructions for the application if a scholarship is not awarded. Most states provide only partial scholarships. You will be responsible for any remaining costs, payable in full, by June 1, 2009.

- a.) Requests and applications for scholarship assistance must be made directly to your state agency. Please note that the School application is not a scholarship application. Most can be downloaded at [www.neias.org](http://www.neias.org), or call your State Alcohol and Drug Agency (page 28) or contact NEIAS. Be sure to follow their instructions regarding the scholarship application process.
- b.) In addition: Send copies of (1) the NESAS application and (2) your state's scholarship application to both the New England Institute and your state agency as soon as possible, to assure your choice in courses. Do not wait until you have been awarded a scholarship to apply to NEIAS (If the scholarship is not awarded and you choose not to attend, you may cancel until May 15, 2009 without penalty.)

**APPLICATION & DEADLINE INFORMATION**

Applications should include complete information and be sent early to assure admission. Only written applications providing complete payment information and accompanied by a \$250 deposit – in the form of a check, credit card authorization, agency purchase order, or agency letter authorizing billing – will be processed. Applications will be accepted after this date on a space available basis only. **APPLICATION DEADLINE IS APRIL 17, 2009.**

*NEIAS has a racially nondiscriminatory policy regarding student selection and subscribes to all HHS affirmative regulations and guidelines.*

**TUITION COSTS**

**RESIDENTIAL PROGRAM Monday - Wednesday: (\$725 PER PERSON FOR SINGLE BEDROOM; \$630 PER PERSON FOR DOUBLE BEDROOM RATE)** Includes tuition, CEU's, meals, lodging on campus. All rooms are single occupancy, with shared bath, assigned in the order that applications are processed. NEIAS will NOT match participants in double bedrooms, unless they have requested each other. Meals served in the college cafeteria include Mon. lunch through Weds. lunch. Lodging is provided Mon. night through Weds. morning. Rooms have bed linens and towels.

**NON-RESIDENTIAL:** Opportunities are available to attend the school on a non-residential basis. Commuters may attend the classes and presentations for full credit at this reduced tuition rate. Students may commute from home or make their own arrangements off campus for housing. There are no further rate reductions for commuters who do not take meals on campus. For a list of hotels and motels, see page 23.

**NON-RESIDENTIAL PROGRAM Monday - Wednesday (\$465):** Non-residential cost includes tuition, CEU's, lunches and dinners (no breakfast) from Monday lunch through Wednesday lunch, but no lodging.

**NON-RESIDENTIAL ONE-COURSE PROGRAM (\$235):** Non-residential cost include tuition, CEU's, lunch on your class day, but, no lodging. **WEEKLONG: 151ABC PARTICIPANTS AND TRACK AB PARTICIPANTS WHO ALSO ATTEND TRACK C AT THE ADDICTION STUDIES SCHOOL**

**RESIDENTIAL PROGRAM Monday - Thursday: (PER PERSON \$830 FOR SINGLE BEDROOM; \$730 PER PERSON FOR DOUBLE BEDROOM RATE)** Includes tuition, CEU's, meals, lodging on campus. All rooms are single occupancy, with shared bath, assigned in the order that applications are processed. NEIAS will NOT match participants in double bedrooms, unless they have requested each other. Meals served in the college cafeteria include Monday lunch through Thursday lunch. Lodging is provided Monday night through Thursday morning. Rooms have bed linens and towels.

**NON-RESIDENTIAL WEEKLONG Monday - Thursday (\$540):** Non-residential cost includes tuition, CEU's, lunch and dinner from Monday lunch through Thursday lunch, but no lodging.

**OPTIONAL FEES: Optional fees are non-refundable. Options may be added until May 15, 2009.**

Purchase a T-Shirt for \$10 - Please indicate size on other side.

**CANCELLATION POLICY: All cancellations must be received in writing at the New England Institute by the following deadlines:**

**May 15, 2009..... Full Refund**

**May 22, 2009 before 4:30 p.m....\$250 cancellation fee**

**From May 22, 2009 after 4:30 p.m...\$500 cancellation fee**

**NOTE: Applications received after May 22 will be subject to a \$50 late processing fee.**

**Fax (207-621-2550) email ([neias@neias.org](mailto:neias@neias.org)) cancellations.**

**SPECIAL NOTE TO AGENCIES PAYING TUITION:** Registrations secured by purchase order or agency authorization letter will be liable for the cancellation and refund policy.

**REFUND POLICY:** Optional fees are non-refundable. Full tuition refunds will be issued if a written cancellation letter is received at the New England Institute by **May 15, 2009.**

## NEIAS Board of Directors

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- PRESIDENT Carolyn Castro - Donlan
- VICE - PRESIDENT Christine Cole
- TREASURER Stephen Valle, Sc.D.
- SECRETARY Ida Terry, MA, LADC

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- Ida Terry, MA, LADC
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- Stephen Valle, Sc.D. (MA)
- Christine Cole (MA)

## SCHOOL ADMINISTRATION

**2009 Host State Agency Director:** Craig Stenning

**NEIAS Executive Director:** William Lowenstein

**Assistant Director:** Denise Adams

**Assistant Coordinator:** Carrie McFadden

**Prevention School Founder:** Joseph Hyde

**Office Manager:** Debbie Beaulieu

## NEW ENGLAND INSTITUTE OF ADDICTION STUDIES

75 Stone St., Augusta, ME 04330

**Telephone:** 207-621-2549

**TTY:** 207-623-0830 Fax: 207-621-2550

**E-mail:** [neias@neias.org](mailto:neias@neias.org)

**Web Site:** [www.neias.org](http://www.neias.org)

## OTHER 2009 INSTITUTE PROGRAMS NOT IN THIS CATALOG

### **17th Annual New England School of Best Practices in Addiction Treatment**

### **Advanced Clinical Offerings & Opioid Treatment Offerings**

- September 14 - 17, 2009
- Co-Located Addiction and Primary Healthcare Conference on September 16, 2009
- Waterville Valley Conference Center and Resort, Waterville Valley, New Hampshire

## Travel Information

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Roger Williams University is located off Route 136 South in Bristol, Rhode Island, just minutes from the Massachusetts border. Approximate driving time to Bristol, RI is:

- 4 hours from New York City
- 6 hours from Burlington, VT
- 3 and ½ hours from Portland, ME
- 2 and ½ hours from Hartford, CT
- 30 minutes from Providence, RI
- 1 and ½ hours from Boston, MA
- 2 hours and 40 minutes from Concord, NH

## AIR TRAVEL

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### **T.F. Green International Airport**, Warwick, Rhode Island

Phone: Toll Free (888) 268-7222 / Information Booth (401) 737-8222

Website: [www.pvdairport.com](http://www.pvdairport.com)

Estimated time travel to university: approximately 20 minutes

### **Logan International Airport**, Boston, MA

Phone: 1-800-23-LOGAN

Website: [www.massport.com/logan](http://www.massport.com/logan)

Estimated time to university: approximately 70 minutes

## RAIL

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### **Providence Train Station** (Amtrak)

Phone: (401) 727-7379

Website:

[www.amtrak.com/servlet/ContentServer?pagename=Amtrak/am2Station/Station\\_Page&code=PVD](http://www.amtrak.com/servlet/ContentServer?pagename=Amtrak/am2Station/Station_Page&code=PVD)

Estimated time to university: approximately 30 minutes

## BUS TRAVEL

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### **Greyhound** to Newport, Rhode Island

ADDRESS: 23 Americas Cup, Newport, RI 02840

PHONE: 401-846-1820 Greyhound Package Express: 401-846-1820

Web Site: [www.greyhound.com/](http://www.greyhound.com/)

Please note that you will need to make taxi arrangements for the half hour trip from Newport, RI to Bristol, RI.

**REGISTER ONLINE: [www.neias.org](http://www.neias.org)**

## HOTELS, MOTELS AND INNS

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Deadline for most available group rates is around May 1, 2009. Those staying in hotels or inns should register as a commuter, and make their own reservations and payments directly with the hotel. Those listed below are within an approximate 10 mile radius, but check on distance with the hotel. When making reservations, let the facility know that you are with NESAS and/or Roger Williams University, as some group rates may be available.

### **Bristol Harbor Inn**

259 Thames Street  
Bristol, RI 02809  
866-254-1444 or 401-254-1444  
Approximate distance from university: 1.4 miles

### **Quality Inn Somerset**

1878 Wilbur Avenue  
Somerset, MA 02725  
508-678-4545  
Approximate distance from university: 6.4 miles

### **Holiday Inn Express Swansea**

1400 Gar Highway Route 6  
Swansea, MA 02777  
774-955-9558  
Approximate distance from university: 7.1 miles

### **Hampton Inn Fall River/Westport**

53 Old Bedford Road  
Westport, MA 02790  
508-675-8500  
Approximate distance from university: 8.0 miles

### **Travelodge Newport Area Middletown**

1185 West Main Road  
Middletown, RI 02842  
401-849-4700  
Approximate distance from university: 8.4 miles

### **Courtyard by Marriott Newport Middletown**

9 Commerce Drive  
Middletown, RI 02842  
401-849-8000  
Approximate distance from university: 8.7 miles

### **Newport Spa and Whirlpool Suites**

936 West Main Road  
Middletown, RI 02842  
401-846-7600  
Approximate distance from university: 8.8 miles

### **Holiday Inn Express Middletown, Newport, RI**

855 West Main Road  
Middletown, RI 02842  
877-863-4780  
Approximate distance from university: 8.8 miles

### **Bay Willows Inn**

1225 Aquidneck Avenue  
Middletown, RI 02842  
401-847-8400  
Approximate distance from university: 9.1 miles

### **Best Western Mainstay Inn Newport**

151 Admiral Kalbfus Road  
Newport, RI 02480  
401-849-9880  
Approximate distance from university: 9.2 miles

### **Shangri La Motel**

1495 Fall River Avenue  
Seekonk, MA 02771  
508-336-8540  
Approximate distance from university: 9.6 miles

### **Residence Inn Marriott Middletown**

325 West Main Road  
Middletown, RI 02842  
401-845-2005  
Approximate distance from university: 9.7 miles

### **Hampton Inn & Suites Middletown, RI**

317 West Main Road  
Middletown, RI 02542  
401-848-6555  
Approximate distance from university: 9.7 miles

### **Howard Johnson Newport Middletown**

351 West Main Road  
Middletown, RI 02842  
401-849-2000  
Approximate distance from university: 9.7 miles

