

NEW ENGLAND INSTITUTE OF ADDICTION STUDIES

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New England School of Best Practices in Addiction Treatment

SEARCH

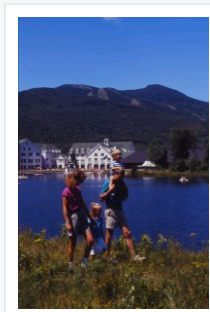
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Advanced Clinical Coursework and Opioid Treatment Coursework

ABOUT THE EVENT

The New England Institute of Addiction Studies is pleased to announce the Nineteenth Annual New England School of Best Practices in Addiction Treatment (formerly the New England Advanced School of Addiction Studies and the New England School for the Treatment of Opioid Dependence).



This four-day event gives treatment professionals the opportunity to combine in-depth study of an area of special interest with the opportunity to learn in a fine resort setting. The program includes advanced clinical and administrative skilled-based treatment in best practices and evidence-based practices, as well as a variety of current and emerging best opioid treatment practices.

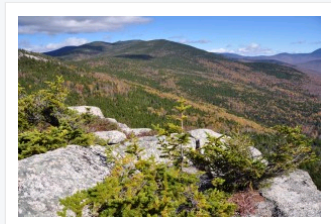
The highly popular program site, the Waterville Valley Resort & Conference Center, is nestled in a secluded area of the White Mountains of New Hampshire. The Valley offers indoor and outdoor swimming, tennis and racquetball courts, a nine-hole golf course, and hiking trails. Free time has been set aside so students can enjoy these facilities on designated evenings and afternoons.

Each year, the New England Institute welcomes new participants and previous participants. We invite you to join us in our 19th year of intensive and

stimulating studies, networking, and relaxing in one of the most beautiful parts of New England!

Participants will choose from a wide variety of intensive, research-based courses. All Best Practices information and course information is provided on these web pages.

ABOUT WATERVILLE VALLEY, NEW HAMPSHIRE



[Waterville Valley Resort and Conference Center](#) is located in the beautiful White Mountains of New Hampshire. The resort has a variety of hiking trails, restaurants, cafes and specialty shops.

[The Waterville Valley Resort](#) offers the following fee-based recreational activities: access to the White Mountain Athletic Club, swimming, racquetball courts, spa, nine holes of midweek golf, unlimited tennis on 18 clay courts, boat use, rollerblade rental, and mountain bike rental. Participants can purchase a package pass for these recreational activities in Waterville Valley, or “pay as you go” for individual activities. Further information will be sent with confirmation packets. Please note: The recreational package is not included in lodging rates.

TARGET AUDIENCE

Please note that participants attending advanced course offerings must hold substance abuse treatment credentials or have worked in chemical dependency treatment for at least five years.

- EAP Professionals
- Certified Alcohol & Drug Clinicians
- Clinical and Medical Staff of Opioid Addiction Treatment Programs
- Mental Health Clinicians
- Program Administrators
- Clinical Supervisors and Administrators of Opioid Addiction Treatment Programs
- Nurses working with Chemical Dependency
- Healthcare Staff of Opioid Addiction Treatment Programs
- Social Workers working with Chemical Dependency
- Clinical Supervisors
- State Agency Representatives
- Recovery Support Professionals
- Clinicians working in Opioid Addiction Treatment Programs

SPONSORS

- [Connecticut Department of Mental Health and Addiction Services](#)
- [Massachusetts Bureau of Substance Abuse Services](#)
- [Maine Department of Health and Human Services, Office of Substance Abuse](#)
- [New Hampshire Department of Health & Human Services, Bureau of Drug and Alcohol Services](#)

- Rhode Island Department of Behavioral Healthcare, Developmental Disabilities and Hospitals
- Vermont Division of Alcohol and Drug Abuse Programs
- New Hampshire Training Institute on Addictive Disorders
- AdCare Educational Institute, Inc.
- The New England Institute of Addiction Studies, Inc.

SPECIAL THANKS to the [Addiction Technology Transfer Center of New England at Brown University](#) for their support of selected courses.

PROGRAM SCHEDULE AND COURSES

The four day program is a combination of one hour major presentations and intensive workshops totaling 26 contact hours. Complete course descriptions are provided on the [course listing web page](#).

Monday, September 12

- | |
|---|
| · The opening major presentation will be offered from 8:45 AM – 9:45 AM |
| · Courses will run from 10:00 AM to 5:15 PM, with breaks |
| · Free time is available in the evening on Monday |

Tuesday, September 13 and Wednesday, September 14

- | |
|--|
| · Courses run from 8:00 AM to 3:00 PM, with breaks |
| · Major Presentations are offered from 7:30 PM – 8:30 PM |
| · Free time is available in the afternoon on these days |

Thursday, September 15

- | |
|---|
| · The closing major presentation will be offered from 8:00 AM – 9:00 AM |
| · Courses will run from 9:15 AM – 2:45 PM, with breaks |
| · The program will end at 2:45 PM |

SPECIAL ACCOMMODATIONS

The New England Institute of Addiction Studies is committed to providing accommodations so students with disabilities can participate in the program.

Sign Language Interpreters and Assistive Listening Devices or other accommodations are available upon request. Deadline for Sign Language Interpreter requests is July 29, 2011.

The school site has wheelchair accessible space available, but we need to know your needs in advance to make arrangements. Please note your accommodation requests, such as ASL interpreter, accessible rooms, food allergies, etc. on your registration.

PROFESSIONAL CERTIFICATION

Attendance at the complete four day program of courses and major presentations provides 26 contact hours. Application for professional certification credit is being made to the following groups: Social Workers and

Alcohol and Drug Abuse Counselors. EAP Professionals: please contact NEIAS for additional information about post event EAP PDH's. The New England Institute is an approved NAADAC education provider. Through the NH Institute on Addictive Disorders, a co-sponsor, this program is pre-approved by the NH Board of Alcohol & Other Drug Abuse Professional Practice and NH Prevention Certification Board for CEU Performance Domains and Categories of Competence. This program has been approved for 26 Continuing Education contact hours for relicensure, in accordance with 258 CMR.

AdCare Educational Institute, Inc., a co-sponsor, will provide contact hours for Nurses (LPN/RNs) through the Massachusetts Board of Registration in Nursing. Nurses from outside Massachusetts should check with their state and professional associations to verify reciprocity or acceptance. For Licensed Mental Health Counselors (LMHCs), AdCare Educational Institute, Inc. is recognized by the National Board for Certified Counselors to offer continuing education for National Certified Counselors (NCCs). AdCare adheres to NBCC Continuing Education Guidelines. To ensure state credentialing, contact your local board of certification.

New York participants: The New England Institute of Addiction Studies, Inc. is a New York State Office of Alcoholism and Substance Abuse Services (OASAS) Education and Training Provider, Provider Number 0456. Application is being made to NYS OASAS for this school to meet all or part of the CASAC/ CPP/ CPS education and training requirements.

ACADEMIC CREDIT

Academic credit is available for some courses for an additional fee. In a collaborative effort with NEIAS, Johnson State College, in Johnson, VT is offering undergraduate and graduate level academic credit at the School for an additional fee of \$250 per credit hour. [Click here for more information about academic credit.](#)

In addition, some colleges and universities have approved the NEIAS programs for undergraduate or graduate credit as an independent study for students enrolled in their institutions. Check with your faculty advisor.

SCHOLARSHIPS

- Some New England state alcohol and drug abuse agencies have set aside funds for partial scholarships.
- Simply applying to the school does not mean that you have applied for a scholarship. You must follow your state's scholarship application process and meet your state's scholarship application deadlines. [Click here for more information on state scholarship deadlines and to download state scholarship applications.](#)

FEES

Tuition for the New England School of Best Practices in Addiction Treatment is:

- \$595 for four days
- \$449 for three days
- \$299 for two days
- \$150 for one day

Additional fees:

- \$50 Additional Fee for DOT SAT course (covers materials and consulting)
- \$95 for Clinical Supervision Recertification Course

The cost covers:

- All educational activities;
- Breakfast, lunches and breaks at the conference center during the program. Dinner is on your own;
- Lodging is a separate fee.

LODGING

LODGING IS A SEPARATE FEE. Please note that all types of lodging are limited and will be assigned on a first come, first served basis.

Town Square Condominiums:

Town Square Condominium lodging is available ONLY for those participants arriving Sunday, September 11 and staying 4 nights. Town Square housing is shared housing with other participants in a 3-bedroom, 2-bath condominium with kitchen and living room.

The cost for Town Square Housing is:

- Single Bedroom (\$75/night) in shared Condo
- Double Bedroom (\$60/night/person) in shared Condo. You must include a roommate name; NEIAS will not match people in double rooms.

Hotels:

A variety of lodging options are available for single, double, or family occupancy.

Participants who wish to stay in one of the following hotels should call the phone numbers or follow the links below to reserve rooms and note that they are with the New England Institute of Addiction Studies group. Rates include taxes and resort fees.

Traditional hotel rooms:

[Silver Fox Inn](#) (\$90/night): (603) 236-3699 or (800) 780-7234

[Valley Inn](#) (\$100/night): (603) 236-8425/(800) 343-0969

[Snowy Owl Inn](#) (\$111.60 – \$132.68/night): (603) 236-8383/(800) SNOWY-OWL

Condominium efficiency units with full kitchens:

[Black Bear Lodge](#) (\$136.40 – \$161.20): (603) 236-4501/(800) 349-BEAR

[Golden Eagle Lodge](#) (\$136.40 – \$192.20): (603) 236-4600/(888)703-2453

All hotels are within walking distance of the conference center, or ample parking is available for those wishing to drive. Additional details about the various lodging facilities can be found by using the links to their web sites.

[Click here to download lodging options and details.](#)

APPLICATION DEADLINES

July 29, 2011: If you require a Sign Language Interpreter or CART service

July 29, 2011: For scholarship supported applications

August 26, 2011: For all other participants

Applications received after 4:30 p.m. on September 2, 2011 will be assessed a \$50 late processing fee.

CANCELLATION, REFUND, AND SUBSTITUTION POLICIES

Cancellation

All cancellations must be received in writing at the New England Institute by the following deadlines. Written cancellations may be faxed (207-621-2550) or e-mailed neias@neias.org by the following deadlines:

- August 26, 2011 before 4:30 pm – Full Refund
- August 26, 2011 after 4:30 pm – \$200 cancellation fee
- From September 9, 2011 after 4:30 pm – \$300 cancellation fee, plus Town Square lodging fees.

SPECIAL NOTE TO AGENCIES PAYING TUITION: Registrations secured by purchase order or agency authorization letter will be liable for the cancellation and refund policy.

Refund Policy

Full tuition refunds will be issued if:

- A written cancellation letter is received in writing at the New England Institute before 4:30 pm, August 26, 2011.

Registration Substitution

The New England Institute accepts substitutions for participants from the same agency who cannot attend the conference. All substitutions must be received in writing by August 19, 2011. Written substitutions may be faxed (207-621-2550) or e-mailed neias@neias.org. Please clearly state who is replacing whom. The substitute is required to send a completed Best Practices School application to the New England Institute at the time a written substitution is submitted.

APPLY ON-LINE

Apply using the secure online registration form.

[View Courses](#)

[view housing options.](#)

A PDF file of the catalog information on this website is available by [clicking here](#). Please note that this PDF version of the catalog contains exactly the same information that appears on the Best Practices web pages.

DOWNLOAD A CATALOG AND APPLICATION!

Click on a link below to download information about New England School of Best Practices in Addiction Treatment. You can print the registration form and fax to (207-621-2550) or mail to NEIAS, 75 Stone Street, Augusta, ME 04330.

A PDF file of the catalog information on this website may be downloaded by [clicking here](#). Please note that this PDF version of the catalog contains exactly the same information that appears on the Best Practices web pages.

[Best Practices in Addiction Treatment Application Hard Copy Application Form in PDF Format](#) or [You may click here to register online](#).

[Agency Authorization Letter](#)

[Lodging Information](#)

[Transportation Options](#)

These documents are in Portable Document Format (PDF). You will need to use Adobe Acrobat Reader to view and print them. If you do not have this software, it can be downloaded free of charge by clicking on the Adobe icon.

For Adobe Acrobat Reader technical assistance, [visit the Adobe web site](#).

For further information you may contact:

Program Coordinator

New England Institute of Addiction Studies

75 Stone Street, Augusta, ME 04330

E-mail: neias@neias.org

Telephone: 207-621-2549

TTY: 207-623-0830

Fax: 207-621-2550

[Click here to leave the 2011 Best Practices School web pages return to the New England Institute of Addiction Studies home page.](#)

For further information contact NEIAS at: neias@neias.org, 207-621-2549 or TTY 207-623-0830.

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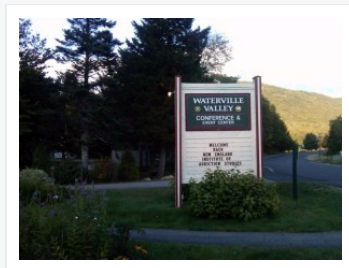
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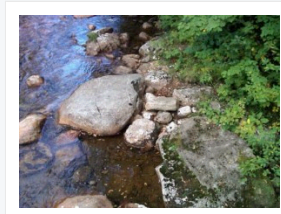
New England School of Best Practices in Addiction Treatment Courses

SEARCH

Type some keywords and press Enter.



All Best Practices courses are listed and described on this page. Click on a title below to view details about each course, or scroll below the course list to view course descriptions. Any late breaking course changes or updates will be posted on this page.



Teaching Methodology:

When teaching courses, faculty members utilize the following teaching modalities: lecture, audio-visual materials, and practical application in case presentations, group discussions, and experiential activities.

COURSE LIST

(06/23/11 – Please note that a few more courses may be added over the next few days.)

Special Workshop: A Recertification Course for Clinical Supervisors

1ABCD: The Next Generation of Clinical Supervision

2AB: Twelve Step Facilitation for the Dually Diagnosed Client

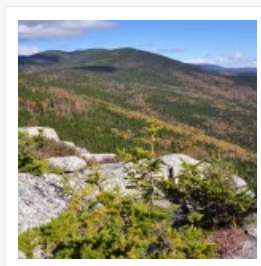
2CD: Integrating Mental Health and Substance

Abuse Treatment for Opioid Dependent Patients with Co-Occurring Disorders

3A: Medication Assisted Recovery

3B: Buprenorphine Treatment for Adults and Young Adults: An Update for Clinicians

3C: 5th Annual Addiction Medicine Conference for Addiction Professionals and General Healthcare Providers: Emerging Systems to Support Healthcare Providers in Addressing Substance Use Problems



3D: Women, Opioid Dependence and Mid-life Transitions
4AB: Substance Abuse Professional's Role and Responsibilities as Defined in the USDOT Regulations: DOT/SAP Qualification or Re-qualification Training and the IC & RC DOT/SAP Written Examination
5AB: Motivational Interviewing Assessment: Supervisory Tools for Enhancing Proficiency
5C: Advanced Ethics, Confidentiality, and Legal Issues
5D: Using Social Media in Substance Abuse Treatment and Recovery
6AB: Brain Chemistry: The Secret to Understanding Psychiatric Medications
6C: Feelings Mastery: The Sizes and Shapes of Anger
6D: Practical Approaches to Marijuana Addiction Treatment
7A: Mindfulness – Based Relapse Prevention
7B: Clinician Self-Care for Addiction Counselors and Clinical Supervisors
7C: Seeking Safety: An Evidence-Based Practice for Trauma and/or Substance Abuse
7D: Creating Change: A phase 2 model for Trauma and/or Substance Abuse
8AB: Prescription drug abuse/misuse: What is happening and what can be done?
8CD: Strength Based Substance Abuse Treatment for Iraq and Afghanistan Veterans

COURSE DESCRIPTIONS

(06/23/11 – Please note that a few more courses may be added over the next few days.)

Special Workshop: A Recertification Course for Clinical Supervisors
Monday from 7:00 p.m. – 9:00 p.m. and continued Tuesday and Wednesday (Additional 4 hours; time to be during meals or determined as a group.) Participants may take this special workshop in addition to their regular courses.

Special Workshop Tuition Rate: \$95

So you've passed the initial hurdle: you've either been credentialed as a clinical supervisor or you just want to have a refresher course to keep your skills current. This six-hour course is for you: it fulfills the training requirements for recertifying in your state and provides you advanced knowledge and skills in supervision. Based upon the 2004 edition of David Powell's book "Clinical Supervision in Alcohol and Drug Abuse Counseling" and TIP #52, this course covers advanced models of supervision, the new blended model, using media in supervision, problem-solving, working with difficult staff (i.e., the resistant counselor), gate keeping functions in supervision, how to be a leader in the field, and contemplative models of counseling.

LEARNING OBJECTIVES: Participants will be able to:

1. Describe models of supervision;
2. Discuss key issues they face in supervision;
3. Demonstrate skills in dealing with case studies in supervision

TARGET AUDIENCE: This is a must have course for credentialed and want-to be credentialed clinical supervisors. There are very few opportunities to attend a one-day refresher and advanced course in supervision; don't miss this one!

THE PRESENTER: Dr. David Powell is an internationally recognized trainer and is the most published author and recognized expert on clinical supervision in the alcohol and drug abuse field. He has taught courses on supervision for 25 years around the world. His three books on supervision are the primary texts in the field and are used extensively in the CCS examination. This is a rare opportunity to receive training from Dr. Powell in New England.

1ABCD: The Next Generation of Clinical Supervision

Monday – Thursday

Treatment programs are changing constantly with new diagnostic and patient placement standards. The bar of credential requirements is always being raised. Clinical supervision provides the most important resource available for training, management decision-making and quality assurance. Supervision is also a critical element of the counseling process, ensuring client outcome and employee satisfaction. The field has matured to a level in which new models for clinical supervision are required. The Blended Model of Supervision has been developed by Dr. David Powell to address the changes in the substance abuse field. This course will address these changes: ethical and legal standards and requirements; new techniques of clinical supervision, how to design and implement a system for supervision. The course draws from the Treatment Improvement Protocol #52 on Clinical Supervision, chaired by David Powell.

This course will examine the credentialing requirements for clinical supervisory certification and training in ethics. It addresses the performance domains of certification as a clinical supervisor: . Participants will be aided in forming their own model of supervision as well as being oriented to a range of supervision models and techniques.

LEARNING OBJECTIVES: Participants will be able to:

1. Articulate their model of supervision;
2. Articulate ethical principles for supervision;
3. Define the core skills of supervision;
4. Define three characteristics of three levels of counselor development and supervision approaches with each level;
5. Identify key problems in supervision and procedures to overcome these obstacles; and
6. Demonstrate knowledge and skills in clinical supervision, using one-way mirror, co-facilitation, and videotaping, as well as the use of the sociogram in supervision.

TARGET AUDIENCE: Participants should be managers, supervisors or administrators in treatment programs.

SPECIAL NOTE: This course has been approved by many states for CCS crediting by the I.C.R.C. for the clinical supervisor credential. Participants wishing to meet the 30 contact hour requirements of the I.C.R.C. must attend all major presentations (including evening presentations) and must complete the follow up course assignments. More information will be provided in class.

THE PRESENTER: Dr. David Powell is an internationally recognized trainer and is the most published author and recognized expert on clinical supervision in the alcohol and drug abuse field. He has taught courses on supervision for 34 years around the world. His three books on supervision are the primary texts in the field and are used extensively in the CCS examination. This is a rare opportunity to receive training from Dr. Powell in New England.

2AB: Twelve Step Facilitation for the Dually Diagnosed Client *(Monday – Tuesday)*

Twelve Step Facilitation (TSF) is an evidence-based, manual-guided treatment that has been evaluated through comparative evaluation research. TSF is listed in the National Registry of Evidence-based Programs and Practices (NREPP). TSF has been shown to be effective not only in treating individuals with substance use disorders, but also with reducing symptoms associated with major depression, PTSD, and anxiety disorders. TSF has been modified specifically for use with dually diagnosed clients (TSFDD) and has been tested in a clinical trial funded by NIAAA. The TSFDD Facilitator's Guide was published in 2011 by Hazelden Publications. Participants in this workshop will learn about the structure, content, and process of TSFDD and will gain experience in its

implementation through role-plays.

LEARNING OBJECTIVES: Participants will be able to:

1. Describe an appropriate candidate for Twelve Step Facilitation;
2. Discuss the process of TSFDD; and
3. Experience implementation through role plays.

TARGET AUDIENCE: Clinicians
THE PRESENTER: Dr. Joseph Nowinski is the principal author of Twelve Step Facilitation Therapy, which in 2008 was selected for inclusion in the prestigious National Registry of Evidence-based Programs and Practices. He has extensive experience on a national basis conducting presentations and trainings. He is a member of the Scientific Advisory Board of the International Center for Addictions. Dr. Nowinski is also an award-winning author of several trade books and many professional articles and research papers. He has a demonstrated facility for writing books that are based in sound theory and research but which are also accessible to a wide readership.

2CD: Integrating Mental Health and Substance Abuse Treatment for Opioid Dependent Patients with Co-Occurring Disorders

(Wednesday – Thursday)

Many opioid dependent clients also experience a co-morbid psychiatric illness. In order to be treated effectively, individuals who are dually diagnosed require care and treatment for both their substance abuse and psychiatric illness. Clinicians in this course will enhance their skills to diagnose, assess, engage, and treat clients who have an opiate abuse problem in conjunction with a psychiatric illness. Special consideration will be given to medication assisted treatment for this population.

LEARNING OBJECTIVES: Participants will:

1. Describe the different relationships between psychopathology and addiction, particularly opioid dependence;
2. Use a strategic approach in the engagement of dually diagnosed clients; and
3. Develop individualized, integrated treatment plans for clients with co-occurring disorders.

TARGET AUDIENCE: This course is designed for clinicians who are working with this population

THE PRESENTER: Michael Gaudet, LICSW, LCDP is currently the Center Director at Arbour Counseling Services, Rockland, MA. He has extensive clinical and supervision experience in substance abuse treatment. Mr. Gaudet trains and consults across the country on clinical and professional growth topics, and he has been a faculty member of the New England Institute of Addiction Studies since 1986.

3A: Medication Assisted Recovery

(Monday)

Medication assisted treatment is use the use of medications, in combination with counseling and behavioral therapies, to provide a whole-patient approach to the treatment of substance use disorders. Research shows that when treating substance use disorders, a combination of medication and behavioral therapies is most successful. This course will provide an overview of the various current medications approved for the treatment of chemical dependency (both opioid and non-opioid chemical dependency, such as alcohol dependency). Appropriate candidates for these medication assisted therapies will be discussed. Participants will explore the role of medications in a person's recovery. This course will also review special considerations for co-morbidities

such as co-occurring mental health disorders, hepatitis, HIV/AIDS, and special populations, such as women and youth. Finally, the role of the behavioral health clinician in working with clients receiving medication-assisted treatment will be discussed.

LEARNING OBJECTIVES: Participants will:

1. Name two medications for chemical dependency and appropriate candidates for those medication assisted therapies;
2. Discuss medication – assisted treatment considerations for two special populations; and
3. Describe how the addiction clinician can support clients who are on medication – assisted therapies.

TARGET AUDIENCE: Addiction professionals from various disciplines and treatment settings who wish to learn more about medication assisted treatment

THE PRESENTER: Michael Gaudet, LICSW, LCDP is currently the Center Director at Arbour Counseling Services, Rockland, MA. He has extensive clinical and supervision experience in substance abuse treatment. Mr. Gaudet trains and consults across the country on clinical and professional growth topics, and he has been a faculty member of the New England Institute of Addiction Studies since 1986.

3B: Buprenorphine Treatment for Adults and Young Adults: An Update for Clinicians

(Tuesday)

Sponsored by the New England Addiction Technology Transfer Center

Opioid abuse and addiction (e.g., heroin, prescription drugs such as OxyContin) remains a critical public health concern. This course, geared toward multidisciplinary clinicians, will provide updated information about of the medication, its effects, and the role of non-physician practitioners in providing and supporting the treatment of individuals receiving this medication.

Although this addiction affects all populations, recent concern has focused on opioid use among youth, particularly non-medical use of pain relievers. The second half of the course, focusing on youth and young adults, will: examine the prevalence of and treatment admission rates for nonmedical use of opioids among young adults; provide an overview of opioid use among young adults; explore and increase understanding of the results of new research on using buprenorphine to treat opioid addiction in young adults; and describe the implications of these findings for the treatment of opioid addiction in young adults.

This course will feature two National Institute on Drug Abuse and A Substance Abuse and Mental Health Services Administration's Blending Initiative Blending Team Products: "Buprenorphine Treatment Training for Multidisciplinary Addiction Professionals" and "Buprenorphine Treatment for Young Adults".

LEARNING OBJECTIVES: After completing this course, participants will:

1. Describe an appropriate candidate for buprenorphine treatment;
2. Discuss the efficacy of buprenorphine as a treatment for young adults; and
3. Review the role of the addiction clinician in supporting the treatment of individuals receiving buprenorphine treatment.

TARGET AUDIENCE: Addiction professionals from various disciplines and treatment settings who wish to learn more about medication assisted treatment

THE PRESENTER: Michael Gaudet, LICSW, LCDP is currently the Center Director at Arbour Counseling Services, Rockland, MA. He has extensive clinical and supervision experience in substance abuse treatment. Mr. Gaudet trains and consults across the country on clinical and professional growth topics, and he has been a faculty member of the New England Institute of Addiction Studies

since 1986.

3C: 5th Annual Addiction Medicine Conference for Addiction Professionals and General Healthcare Providers: Emerging Systems to Support Healthcare Providers in Addressing Substance Use Problems
(Wednesday)

Co-Sponsored by the Dartmouth Center on Addiction Recovery and Education

The New England Institute of Addiction Studies and the Dartmouth Center on Addiction Recovery and Education are pleased to announce that the Fifth Annual Addiction Medicine Conference for General Healthcare Providers and Addictions Professionals will take place at the 19th Annual New England School of Best Practices in Addiction Treatment. This program is designed for general healthcare medical professionals and addiction treatment clinicians, with specialized presentations and time for networking and discussion on how to collaborate to improve care.

Topics will include:

- The chronic disease of addiction: the critical role of primary care and emergency clinicians in an effective system of care;
- Healthcare reform and other federal initiatives to assist primary care and others clinical care providers in treatment of substance abuse;
- Northern New England policies and strategies to improve substance abuse treatment- integration of mental health/substance providers in primary care;
- Support for prescribing of opioids: and
- Primary care system experiences with quality improvement around opioid prescribing.

TARGET AUDIENCE: Addiction professionals, general healthcare providers, office managers, third party payors, accountable care organizations

3D: Women, Opioid Dependence and mid-life transitions
(Thursday)

This presentation will feature an overview of emerging knowledge that is important to effective methadone maintenance treatment for women in menopause. This course will focus on specific needs in developing programming and in treatment for this population. A special focus will be placed on the science, research, best practice, and practical considerations for this population.

LEARNING OBJECTIVES: After completing this session, participants will:

1. Name two potential effects of menopause on methadone treatment; and
2. Explain two important treatment considerations for this population.

TARGET AUDIENCE: Clinicians and others who work with women who are receiving methadone treatment or may be candidates for methadone treatment

THE PRESENTER: Linda Hurley, CAGS, LCDS is Program Director for Outpatient Treatment Services at CODAC Behavioral Healthcare. She has a background in clinical supervision, clinical program development, opioid treatment, adolescent and family treatment.

4AB: Substance Abuse Professional's Role and Responsibilities as Defined in the US Department of Transportation Regulations: DOT/SAP Qualification or Re-qualification Training and the IC & RC DOT/SAP Written Examination
(Monday – Tuesday)

Effective January 1, 2004, professionals are prohibited from providing DOT

substance abuse evaluations unless they have met the revised criteria outlined in the DOT regulations (49 CFR, Part 40, Subpart O, 40.281). The revised criteria requires the substance abuse professional to receive training in nine areas of study and to successfully complete an examination related to the training.

This course includes two days of training (12 CEU's) related to the nine (9) domains of education required by the DOT regulations. It will be followed by the administration of the IC&RC written examination on the morning of the third day, or participants may schedule the examination at a different time during the Best Practices School.

Participants who successfully complete the training and receive a passing score on the written IC&RC DOT /SAP examination will meet the revised DOT/SAP qualification criteria. (See Important Notes below.)

The two days of training will provide participants with a comprehensive understanding of the revised DOT alcohol and drug testing procedures and clearly define the role and responsibilities of the substance abuse professional. Participants will also receive two consultations with the instructor every year for the next three years. (See Important Notes below.)

Specific training topics include:

1. Background, rationale, and coverage of the DOT drug testing program;
2. 49CFR part 40 and the 6 DOT agencies' drug and alcohol testing rules ;
3. Key DOT drug testing requirements including collection, laboratory testing, MRO review, and problems in drug testing;
4. Key DOT alcohol testing requirements including the testing process, the role of BATs and STTs, and problems in alcohol testing;
5. SAP qualifications and prohibitions ;
6. The role of the SAP and the returning to duty process including the initial employee evaluation, referrals for education and/or treatment, follow-up evaluation, continuing treatment recommendations, and the follow-up drug and alcohol testing plan;
7. SAP consultation and communication with employers, MROs, and treatment providers;
8. Reporting and record keeping requirements ;
9. Legal and ethical issues that SAPs confront in carrying out their duties ; and
10. Referral resources for the SAP that meets all qualification criteria.

TARGET AUDIENCE: Participants who wish to qualify or re-qualify for the DOT Substance Abuse Professional

IMPORTANT NOTES:

- The two day training can be used as a refresher course for the individual who is already a qualified SAP as it meets the DOT/SAP re-qualification criteria for the 12 contact hours.
- A \$50 additional course fee will be charged for this course to cover materials (manual, and CD with regulations and SAP guidelines) and consultation with the instructor (2 consultations every year for the next three years).
- This course will meet longer than the other Monday – Tuesday courses in order to meet for the required 12 contact hours.
- Those wishing to take the IC & RC exam on site: A \$125 exam fee will be payable to take the exam. The exam will be offered on the morning of the third program day, or participants may schedule to take the exam at a different time during the program if they will be taking other courses.

THE PRESENTER: William L. Mock, Ph.D., LISW, LICDC, SAP is the Executive Director of the Center for Interpersonal Development, and Chief Trainer for the Ohio Institute for Addiction Studies in Lakewood, Ohio. He is the Principle Training Officer for Professional Training Center, a professional development service specializing in DOT drug and alcohol and Drug Free Workplace issues. His academic degrees include a Doctorate in Psychology and Masters in Social Work. He is a clinical member of the American Association of Marriage and Family Therapy, a licensed Clinical Psychologist, Licensed Independent Social Worker, Licensed Independent Chemical Dependency Counselor and DOT qualified SAP. He has expertise in chemical dependency treatment, family systems treatment and organizational systems development. He has provided training and consultation in several countries to such diverse groups as treatment/prevention providers, family therapists, industry leaders, educators, administrators SAP's and criminal justice personnel.

5AB: Motivational Interviewing Assessment: Supervisory Tools for Enhancing Proficiency (MIA – STEP)

(Monday – Tuesday)

Sponsored by the Addiction Technology Transfer Center of New England

This two day training will include effective methods of supervising workers and provide an opportunity to explore creative ways of integrating effective interventions with workers in motivating them to grow in skill and work with our most "challenging" clients. The experience of parallel process using motivational interviewing in supervision and coaching staff in using the spirit ,structure and skills will be illustrated using case presentations and interactive exercises. This course best defined as a worker centered guiding method for enhancing the intrinsic motivation within the worker by helping them to explore their countertransference and while using motivational interviewing as an client centered, evidence based model of treatment with clients in ambivalence.

This course will feature the National Institute on Drug Abuse and Substance Abuse and Mental Health Services Administration's Blending Team Product, the MIA:STEP (Motivational Interviewing Assessment: Supervisory Tools for Enhancing Proficiency). This empirically supported mentoring product is designed to enhance the Motivational Interviewing skills of treatment providers, as well as supervisory tools to fortify a supervisor's ability to provide structured, focused, and effective clinical supervision. MIA:STEP introduces an effective strategy for observation-based clinical supervision, the use of which has potential to improve counselor skills beyond Motivational Interviewing.

LEARNING OBJECTIVES: Participants will:

1. Identify the eight stages of learning motivational interviewing ;
2. Use the Standardized Coding Systems (MITI) and the MIA-STEP for evaluating the competency of staff to utilize motivational interviewing ; and
3. Describe how to create a coaching climate that motivates your supervisees to become proficient, competent in motivational interviewing.

TARGET AUDIENCE: Experienced clinical substance abuse professionals and clinical supervisors who have an understanding of the core concepts of motivational interviewing.

IMPORTANT NOTE: Participants MUST have had some motivational interviewing course.

THE

PRESENTER: Stephen R. Andrew, LCSW, LADC, CCS, CGP is a consultant, author and trainer/consultant with 35 years of experience with substance abuse issues, a master's degree specializing in group work, and several years specifically with Men's and dual diagnosis support groups. Mr. Andrew has trained extensively in over 100 hours in different aspects of Motivational Interviewing and a member of MINT (Motivational Interviewing Network of Trainers) since 2003 Stephen is a trainer for ATTC-New England in MIA-STEP

since 2008. He maintains a recovery, compassionate based private practice in Portland, ME.

5C: Advanced Ethics, Confidentiality, and Legal Issues
(Wednesday)

This course will provide an opportunity for experienced clinicians to explore advanced ethical issues in an in-depth, interactive format. Different roles in which counselors may find themselves within the legal system, the ethical and procedural issues which these different roles demand, and the potential ethical conflicts which may arise as a result. Effective techniques for dealing with legal efforts to pierce confidentiality as well as for presenting information in court will be explored. Current issues will be reviewed.

LEARNING OBJECTIVES: Participants will:

1. Review clinical implications of the decisions they make regarding the application of client confidentiality;
2. Increase understanding of the different roles the counselor may play when dealing with the legal system; and
3. Identify and resolve complicated ethical conflicts that may arise in a counselor's scope of practice.

TARGET AUDIENCE: Substance Abuse Counselors, Program Managers, and Clinical

Supervisors

THE PRESENTER: Jacqui Abikoff, LICSW, MLADC, LCS is Executive Director of Horizons Counseling Center in New Hampshire. She has been working with substance abusers and their families for over 25 years. She was formerly the Chair of the Ethics Committee for the New Hampshire Alcohol and Drug Abuse Counselors Association and is currently on the Board of Directors of that organization. She served as Chair of the NH Certification Board for Alcohol and Drug Abuse Counselors, chair of the Peer Review Committee attached to the licensing board of alcohol and drug counselors, and is currently on the NH Board of Licensed Alcohol and Drug Abuse Professionals. She has expertise in the areas of confidentiality, professional ethics and the role of the counselor in the legal system. She has an extensive background providing clinical services, forensic evaluation, court testimony and training and consultation in the areas of domestic violence, PTSD, dual diagnosis, women's issues, corrections and forensics and she has provided professional training and consultation to substance abuse and mental health professionals and provider agencies throughout the country.

5D: Using Social Media in Substance Abuse Treatment and Recovery
(Thursday)

A variety of social networking and other new media communication tools are readily available to reinvigorate our work in treatment and recovery. These tools are especially useful in tailoring specific messages to targeted populations. A variety of techniques that utilize free social marketing sites, blogs, website and electronic newsletters help us to both engage our audience and enhance our effectiveness in the treatment and recovery field. This course will examine various types of social media and electronic communication tools, while helping you to strategize its specific use within your organization.

LEARNING OBJECTIVES: After taking this course, participants will be able to:

1. Describe three social marketing techniques and media marketing tools;
2. Provide an example of the use of social networking in treatment;
3. Provide an example of the use of social networking in recovery; and
4. Develop at least one strategy for your own program or organization.

IMPORTANT NOTE: This course will cover how to use social media strategies,

but will not provide a basic hands on introduction to social media.

TARGET AUDIENCE: Clinicians, supervisors and program managers who wish to learn more about the topic

THE PRESENTER: Jennifer Barbour has worked in the behavioral health field since 2004. She is a professional copywriter, blogger and new media consultant, specializing in nonprofit and small business marketing communications. She has managed all steps of the marketing communications process from concept to strategy, creation to execution, often with limited budgets. Jennifer has more than a decade of experience specifically in persuasive writing, marketing strategy and research, media relations and graphic design. A regular blogger since 2007, Jennifer writes Crossroads for Women's blog, "Women and Substance," which focuses on addiction, treatment and recovery for women and their families. Jennifer is active in social media, has written and designed several websites and publishes Crossroads for Women's monthly e-newsletter.

6AB: Brain Chemistry: The Secret to Understanding Psychiatric Medications

(Monday – Tuesday)

Unlock the key to understanding psychiatric medications via brain chemistry. This course will explain how normal brain functions. Then we will discuss known brain abnormalities associated with Axis I conditions of depression, bipolar, anxiety, schizophrenia and ADHD. We will link brain abnormalities to the clinical picture. Finally, we will discuss how psychiatric medications are designed to correct brain abnormalities and resolve symptoms. Side effects and drug interactions are realities that we will discuss. The real purpose of this course is to teach you how to think about symptoms from an abnormal brain chemistry perspective so that you will be prepared for the present and the future. You will understand discussions about client medications, have clarity when new medications are released and be able to make reasonable assumptions when your client also abuses alcohol and drugs.

LEARNING OBJECTIVES: The participant will be able to:

1. Name at least 5 key structures in the brain and discuss at least one important function per structure;
2. Discuss at least one brain abnormality that may contribute to an Axis I condition; and
3. Identify at least one medication to treat each of the Axis I conditions and discuss how it works.

TARGET AUDIENCE: Clinicians and others interested in the topic.

THE PRESENTER: Patricia Mulready, M.D. is a graduate of the University of Connecticut School of Medicine and is board certified in Family Medicine. She holds a master's degree in counseling with a specialty in addictions from the same institution. In addition to her training in conventional medicine and psychotherapy, Dr. Mulready has spent years gaining knowledge and experience in biochemical medicine, environmental medicine, nutrition, addictions, emotional disorders, energy work and spirituality. While maintaining a private practice, Dr. Mulready has been adjunct faculty at University of Connecticut School of Social Work, University of Connecticut School of Medicine and University of Bridgeport College of Naturopathic Medicine. She is a requested speaker and workshop leader at conferences. Currently, Dr. Mulready maintains an organizational consultation and training practice along with a private practice of holistic assessment and systemic health restoration for individuals with health issues.

6C: Feelings Mastery: The Sizes and Shapes of Anger

(Wednesday)

This workshop is in the feelings mastery series. It deals with the emotion that many of our clients identify as the most dangerous or problematic for them. Emphasis will be on acquiring a useful understanding of anger in all its variations and permutations. Topics covered include: the five feelings types with emphasis

on first and second order feelings, feelings dichotomies, anger as a functional feeling, resentment, rage, and strategic approaches and specific techniques for managing anger. Participants will leave the workshop with an understanding of anger as a valuable resource and strategies for using it to enhance their life and the lives of their clients.

LEARNING OBJECTIVES: After completing this course, participants will be able to:

1. Describe two strategic approaches for managing anger; and
2. Discuss one specific technique that they can use in their clinical practice.

TARGET AUDIENCE: Clinicians

THE PRESENTER: William L. Mock, Ph.D., LISW, LICDC, SAP is the Executive Director of the Center for Interpersonal Development, and Chief Trainer for the Ohio Institute for Addiction Studies in Lakewood, Ohio. He is the Principle Training Officer for Professional Training Center, a professional development service specializing in DOT drug and alcohol and Drug Free Workplace issues. His academic degrees include a Doctorate in Psychology and Masters in Social Work. He is a clinical member of the American Association of Marriage and Family Therapy, a licensed Clinical Psychologist, Licensed Independent Social Worker, Licensed Independent Chemical Dependency Counselor and DOT qualified SAP. He has expertise in chemical dependency treatment, family systems treatment and organizational systems development. He has provided training and consultation in several countries to such diverse groups as treatment/prevention providers, family therapists, industry leaders, educators, administrators SAP's and criminal justice personnel.

6D: Practical Approaches to Marijuana Addiction Treatment (Thursday)

It is generally held that the treatment of marijuana abuse is more challenging than the treatment of other drugs. This workshop focuses on the issues of the treatment of marijuana use, misuse and abuse through the use of cognitive behavioral approaches. General strategic approaches that work will be reviewed along with the rationale for their use. Specific interventions that have been demonstrated to be effective will be covered as well as a review of the available research into treatment approach efficacy. Participants will leave the workshop with treatment approaches they can implement in their setting.

LEARNING OBJECTIVES: After completing this workshop, participants will:

1. Name two specific effective treatment approaches; and
2. Describe one specific treatment approach that they can implement in their setting.

TARGET AUDIENCE: Clinicians

THE PRESENTER: William L. Mock, Ph.D., LISW, LICDC, SAP is the Executive Director of the Center for Interpersonal Development, and Chief Trainer for the Ohio Institute for Addiction Studies in Lakewood, Ohio. He is the Principle Training Officer for Professional Training Center, a professional development service specializing in DOT drug and alcohol and Drug Free Workplace issues. His academic degrees include a Doctorate in Psychology and Masters in Social Work. He is a clinical member of the American Association of Marriage and Family Therapy, a licensed Clinical Psychologist, Licensed Independent Social Worker, Licensed Independent Chemical Dependency Counselor and DOT qualified SAP. He has expertise in chemical dependency treatment, family systems treatment and organizational systems development. He has provided training and consultation in several countries to such diverse groups as treatment/prevention providers, family therapists, industry leaders, educators, administrators SAP's and criminal justice personnel.

7A: Mindfulness – Based Relapse Prevention

(Monday)

Mindfulness-based relapse prevention is an integration of traditional cognitive-behavioral relapse prevention strategies with mindfulness meditation practices. This course will examine CBT relapse prevention strategies such as identifying triggers and coping skills with people in the maintenance stage of the stages of change and mindfulness practices that foster a heightened sense of awareness of and shift in one's relationship to internal experiences (e.g. thoughts, feelings and sensations) and external cues that might trigger craving and relapse, with the goal of promoting a greater sense of choice, compassion and freedom. This is an experiential course in which participants will be encouraged to engaged in mindfulness practices such as a body scan, thought diffusion and urge suffering and evaluate their effectiveness as resources in preventing relapse.

LEARNING OBJECTIVES: After completing this course, participants will be able to:

1. Demonstrate a fundamental understanding of the interplay between traditional cognitive-behavioral relapse prevention strategies and mindfulness meditation practices
2. Identify mindfulness practices useful in relapse prevention
3. Practice and evaluate the effectiveness of mindfulness meditation practices in relapse prevention.

THE PRESENTER: Patricia A. Burke, MSW, LCSW, BCD is a Board Certified Diplomat in Clinical Social Work and a Certified Clinical Alcohol, Tobacco, and Other Drugs Social Worker with over twenty five years of clinical and teaching experience. Patricia is a nationally recognized trainer. She has been on the faculty of the Rutgers Summer School of Alcohol and Drug Studies since 1989 and the Addiction Technology Transfer Center of New England at the Brown University Center of Alcohol Studies since 1999. She is currently on the faculty of the Union Institute & University undergraduate program in the Psychology & Human Development concentration and Addiction Studies Specialty. Her most recent publications include a chapter in Trauma Counseling: Theories and Interventions published by Springer, three chapters in Psychological Trauma and Addiction Treatment, published by Haworth Press and The Circle of Meaning: A Narrative Tool for Exploring the Multi-Dimensional Nature of Spirituality, published in Counselor. Patricia is a member of the Motivational Interviewing Network of Trainers (MINT) and the Co-Occurring Collaborative Serving Maine. She maintains a private clinical and consultation practice in Yarmouth, Maine.

7B: Clinician Self-Care for Addiction Counselors and Clinical Supervisors
(Tuesday)

The clinical and research literature suggests a strong relationship between substance abuse issues and trauma. Addiction counselors are likely to encounter clients with a history of trauma and/or current traumatic stress reactions in their clinical practice. In addition to the stress of working in addiction treatment contexts (including the pressures of managed care, high caseloads, and the demands of justifying treatment to funding sources), which may contribute to burnout, addiction counselors who work with trauma clients are also vulnerable to secondary trauma/compassion fatigue, vicarious traumatization, and sometimes intense countertransference reactions.

This course will explore the impact of secondary trauma/compassion fatigue, vicarious traumatization, burnout, and countertransference on clinicians who work with addicted, traumatized clients and provide counselors and clinical supervisors with a holistic and comprehensive approach to self-care that can prevent and ameliorate this impact. This course will actively engage participants in the development of their own personal/professional self-care plans and give

ample opportunity to integrate specific self-care activities and practices into their daily lives.

LEARNING OBJECTIVES: After completing this course, participants will be able to:

1. Demonstrate a fundamental understanding of the difference between secondary trauma, vicarious traumatization, countertransference reactions, and burnout in work with traumatized addicted clients and the impact of these experiences on addiction counselors;
2. Identify the signs of secondary trauma, vicarious traumatization, countertransference reactions, and burnout; and
3. Develop a holistic, comprehensive personal/professional self-care plan and begin to engage in self-care activities and practices identified in this plan.

TARGET AUDIENCE: Clinicians and clinical supervisors

THE PRESENTER: Patricia A. Burke, MSW, LCSW, BCD is a Board Certified Diplomat in Clinical Social Work and a Certified Clinical Alcohol, Tobacco, and Other Drugs Social Worker with over twenty five years of clinical and teaching experience. Patricia is a nationally recognized trainer. She has been on the faculty of the Rutgers Summer School of Alcohol and Drug Studies since 1989 and the Addiction Technology Transfer Center of New England at the Brown University Center of Alcohol Studies since 1999. She is currently on the faculty of the Union Institute & University undergraduate program in the Psychology & Human Development concentration and Addiction Studies Specialty. Her most recent publications include a chapter in Trauma Counseling: Theories and Interventions published by Springer, three chapters in Psychological Trauma and Addiction Treatment, published by Haworth Press and The Circle of Meaning: A Narrative Tool for Exploring the Multi-Dimensional Nature of Spirituality, published in Counselor. Patricia is a member of the Motivational Interviewing Network of Trainers (MINT) and the Co-Occurring Collaborative Serving Maine. She maintains a private clinical and consultation practice in Yarmouth, Maine.

7C: Seeking Safety: An Evidence-Based Practice for Trauma and/or Substance Abuse

(Wednesday)

The goal of this course is to describe Seeking Safety, an evidence-based treatment for trauma and/or substance abuse. We will cover (a) background on trauma and substance abuse (rates, presentation, models and stages of treatment, clinical challenges); and (b) implementation of Seeking Safety (overview, evidence base). Assessment tools and community resources are also described. By the end of the training, participants can implement Seeking Safety in their setting. Learning methods include powerpoint, video, exercises, and discussion. Participants may wish to take both 7C and 7D.

LEARNING OBJECTIVES: Participants will:

1. Review research and clinical issues in treating trauma and substance abuse;
2. Increase empathy and understanding of trauma and substance abuse;
3. Describe Seeking Safety, an evidence-based model for trauma and/or substance abuse; and
4. Provide assessment and treatment resources.

TARGET AUDIENCE: This course is open to any professional working in the areas of prevention or treatment of substance abuse.

THE PRESENTER: Kay M. Johnson, LICSW, has 20 years experience as a director, supervisor, clinician, and consultant/trainer in outpatient and residential substance abuse and mental health programs. She currently works at St. Luke's-Roosevelt Hospital Crime Victims Treatment Center in New York City. Kay is a senior associate for Lisa M. Najavits, PhD, author of Seeking Safety and has worked with her on research projects in the US and Canada ("Post-Traumatic Stress Disorder and Pathological Gambling"; "A Pilot Study of Seeking

Safety Therapy for Problem Gamblers”; and “Creating Change: “A Past Focused Treatment for PTSD and Substance Abuse”) Kay has used Seeking Safety Therapy for PTSD and Substance Abuse in both outpatient and residential treatment settings since 1997. She has presented workshops and staff training in the United States and Canada on PTSD, addiction, and Seeking Safety since 2002. She is based in New York, NY and Boston, MA.

7D: Creating Change: A phase 2 model for Trauma and/or Substance Abuse

(Thursday)

This workshop presents a new manualized psychotherapy for co-occurring PTSD and substance use disorder (SUD) (Najavits, 2009). The new model is designed to offer additional therapeutic work beyond Seeking Safety (Najavits, 2002). Where Seeking Safety teaches coping skills in the present, the new model focuses on processing of past memories and emotions. Seventeen topics are offered, including “explore”, “tell your story”, “transform pain”, “the larger context”, and “honor your body”. Like Seeking Safety, the new model offers flexible, integrated treatment of PTSD and SUD; and can be used for group or individual treatment; diverse settings and clinicians; and all types of trauma and substances. Similarities and differences with existing evidence-based PTSD and/or SUD treatments will be described. We will also address key issues such as client readiness and engagement, clinician selection, complex cases, research efforts to test the model, and the historical context of past-focused treatment models. The new model can be used alone or in combination with any other treatment. Participants wishing to have a refresher of the Seeking Safety program may wish to take both 7C and 7D.

LEARNING OBJECTIVES: Participants will:

1. Describe a new past-focused model for treating PTSD and substance abuse;
2. Explore indications for past-focused therapy, based on client, clinician, and setting;
3. Identify key issues that can arise in past-focused therapy; and
4. Understand the use of past- vs. present-focused therapies.

TARGET AUDIENCE: Clinicians who are familiar with the Seeking Safety model (See 7C) and have basic knowledge of trauma

THE PRESENTER: Kay M. Johnson, LICSW, has 20 years experience as a director, supervisor, clinician, and consultant/trainer in outpatient and residential substance abuse and mental health programs. She currently works at St. Luke’s-Roosevelt Hospital Crime Victims Treatment Center in New York City. Kay is a senior associate for Lisa M. Najavits, PhD, author of Seeking Safety and has worked with her on research projects in the US and Canada (“Post-Traumatic Stress Disorder and Pathological Gambling”; “A Pilot Study of Seeking Safety Therapy for Problem Gamblers”; and “Creating Change: “A Past Focused Treatment for PTSD and Substance Abuse”) Kay has used Seeking Safety Therapy for PTSD and Substance Abuse in both outpatient and residential treatment settings since 1997. She has presented workshops and staff training in the United States and Canada on PTSD, addiction, and Seeking Safety since 2002. She is based in New York, NY and Boston, MA.

8AB: Prescription drug abuse/misuse: What is happening and what can be done?

(Monday – Tuesday)

Medication abuse/misuse and related health consequences are a significant public health problem. In recent years, more than 20,000 persons died annually of a drug overdose in the United States. Opioid drugs, such as prescription pain relievers, were the most common substances associated with these deaths. Successful prevention initiatives often use public health models and encourage

appropriate dispensing of prescription pain medications to manage pain while minimizing the abuse and misuse of these medications.

This course will review basic public health prevention theories and program development models and discuss what other communities have done to try to prevent medication abuse/ misuse and related health consequences. The participants will use public health tools and information to begin developing a prevention plan for their community.

LEARNING OBJECTIVES: Participants will:

1. Understand the epidemiology of medication abuse;
2. Identify potential community risk factors for medication abuse;
3. Examine public health prevention theories;
4. Compare public health program development tools,
4. Summarize various prevention strategies communities have implemented;
5. Utilize public health tools and information to begin developing a prevention plan for your community.

TARGET AUDIENCE: Treatment professionals and others wishing to learn more about this topic

THE PRESENTER: Melissa Heinen, BSN, MPH, CPH, is the owner of Salus Consulting, LLC in Minneapolis, MN. Additionally she has worked for the Northern New England Poison Center; Centers for Disease Control, National Center for Health Statistics; the Hennepin County Community Health Department Indian Health Service, and the Mayo Medical Center. Melissa earned a Master of Public Health degree in Epidemiology and a Bachelor of Science in Nursing at Winona State University. She has over a decade of injury surveillance and prevention experience.

8CD: Strength Based Substance Abuse Treatment for Iraq and Afghanistan Veterans
(Wednesday – Thursday)

Once a counselor understands the unique culture of the separate U.S. Military branches, additional clinical skills from evidence-based therapy models can help to create positive change in the life of the veteran client. This course will discuss strength based treatment interventions that match the needs of the veteran client in treatment for alcohol and, or, drug abuse. The primary skills used in the following treatment models: Solution-focused (de Shazer, 1988); Reality therapy (Glasser, 2001); Motivational Enhancement Therapy (Miller, 1995); will be presented in lessons and case examples to include role play individual, couple, and family therapy sessions. Additional resiliency based treatment interventions will be discussed when appropriate. Treatment interventions that address the needs of the substance abuse veteran who is recovering from alcohol and, or, drug abuse without a DSM IV (APA, 2000) diagnoses, and with the following mental health diagnoses: Depression, Anxiety Disorder, PTSD, TBI, and family relationship issues will be addressed.

LEARNING OBJECTIVES: The participant will be able to:

1. Describe strength based treatment models that match the resiliency of veterans;
2. Discuss the application of strength based treatment model skills with veterans that are recovering from alcohol and, or, drug abuse with or without DSM IV diagnoses;
3. Demonstrate integration of strength based therapy model skills through experiential exercises;
4. Demonstrate knowledge of community resources for resiliency based evidence-based treatment for veterans;
5. Explain the unique stress factors for families of veterans during reintegration; and
6. Demonstrate use of strength-based skills with the veteran in interactive

couple and family therapy role plays.

TARGET AUDIENCE: Clinicians

THE PRESENTER: Dee Lexandra, Ph.D., MSW, Florida LCSW and Certified Addiction Professional, has been actively involved in addiction treatment in Florida for the past 11 years. Recently, over the past six years she has worked primarily as a consultant and counselor on the behalf of behavioral health organizations in support of the U.S. Military. The focus of her professional experiences in addiction treatment include: education, training, research, counseling, and consulting. Dr. Lexandra received her Ph.D. in Family Therapy as a result of her study about what the client believed “worked” in recovery from drug and alcohol addiction.

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For further information contact NEIAS at: neias@neias.org, 207-621-2549 or TTY 207-623-0830.
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STATE SCHOLARSHIP INFORMATION

The following New England states will offer partial scholarships to the Best Practices School program this year:

Maine

- Application Deadline: July 29, 2011
- [Download Maine Scholarship Application Here.](#)

Massachusetts

- Application Deadline: July 29, 2011
- [Download Massachusetts Scholarship Application Here.](#)

New Hampshire

- Application Deadline: August 19, 2011
- [Download New Hampshire Scholarship Application Here.](#)

Rhode Island

- Application Deadline: July 29, 2011
- [Download Rhode Island Scholarship Application Here.](#)

Vermont

- Application Deadline: August 5, 2011
- [Download Vermont Scholarship Application Here.](#)

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For further information contact NEIAS at: neias@neias.org, 207-621-2549 or TTY 207-623-0830.
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DEADLINES: July 29, 2011 for ASL Interpreter Requests; July 29, 2011 for Scholarship Applicants; All Others: August 26, 2011

Mr. Ms. First _____ Middle _____ Last _____

Last 4 digits of Social Security Number

Date of Birth /
Month Year

Agency Name _____

Address Is this address: Home Business

Street _____

City _____

State _____ Zip _____

Work Phone () _____

Home Phone () _____

Email _____

Alternate Email _____

Emergency Contact Name/Relationship REQUIRED _____

Emergency Phone REQUIRED () _____

Cell Phone: () _____

NOTE: CONFIRMATIONS WILL BE E-MAILED ONE WEEK BEFORE PROGRAM. To ensure proper delivery of our emails, add neias@neias.org, neias2@neias.org and neias3@neias.org to your address book, trusted sender list or company white list.

PAYMENT: (INCLUDING SCHOLARSHIP APPLICANTS) Room Requirements:

\$ _____ \$595 4 Days
\$ _____ \$449 3 Days
\$ _____ \$299 2 Days
\$ _____ \$150 For One-Day Courses Only
\$ _____ \$50 DOT/SAP Additional Fee (Materials/Consult)
\$ _____ \$95 Optional Clinical Supervision Class
\$ _____ \$ Housing Due NEIAS
\$ _____ \$50 Rush Fee (if on or after September 2, 2011)
\$ _____ TOTAL DUE

- I will not require lodging.
- I am contacting Waterville Valley directly for reservations at the Snowy Owl Inn, Silver Fox Inn, Valley Inn, Black Bear Lodge, or Golden Eagle Lodge. (Reserve and pay the hotel directly.)
- I wish to stay in a shared Town Square Condo with other participants. (Pay NEIAS directly.) This option is ONLY for those arriving Sun. Sept. 11 & staying 4 nights. For Town Square residents only:
 - Single Bedroom (\$75/night) in shared Condo Double Bedroom* (\$60/night/person)
 - I need a first floor bedroom for medical reasons.
 - Roommate * _____

NEIAS will NOT match participants in double bedrooms, unless they requested each other.

COURSE SELECTION	FIRST CHOICE	SECOND CHOICE
A - Mon		
B - Tues		
C - Weds		
D - Thurs		



ACCOMMODATIONS

- I request the following accommodations: (ASL interpreter, wheelchair accessibility, food allergies, etc.)

METHOD OF PAYMENT: SCHOLARSHIP APPLICANTS:

Deposit Note: A deposit of \$200 plus Town Square fees in the form of a credit card authorization, agency purchase order, a agency letter authorizing billing, check or money order is due with application. If the deposit results in overpayment due to a scholarship award, you will receive a refund.

Amount:
\$ _____ Attached Purchase Order # _____
\$ _____ Attached Letter Authorizing Agency Billing
\$ _____ Check or Money Order # _____ (Payable to NEIAS)
\$ _____ Credit Card Charge (Complete info. below)
\$ _____ TOTAL INCLUDED
\$ _____ TOTAL DUE BY 9/12/2011 (Tuition minus Total Included)
I will pay this balance.

Credit Card Payment Information (*Required information)
*Type: Select One: MasterCard Visa American Express

*Credit Card Number
*Expiration (MM/YY) /
*Security Code (3 digits on back of card):
*Name on Credit Card _____
*CC Holder's Billing Address _____ ZIP _____
*Authorized Signature _____

NOTE: This application is NOT a state scholarship application. To apply for a scholarship, download a scholarship application at www.neias.org and follow your state's procedures. The amount of scholarship assistance varies among states. You are personally responsible for unpaid amounts by 9/12/2011.

- I am sending a scholarship application to: (specify state agency) _____
- TOTAL TUITION less ANTICIPATED SCHOLARSHIP = AMOUNT DUE BY 9/12/2011 \$ _____
- If a scholarship is NOT awarded:
 - Please withdraw my application.
 - I will pay my tuition.
 - My agency will pay my tuition.
 - My tuition will be paid by my agency & self. (Complete all payment information on left.)