



Healthy Maine Partnerships

Maine Center for Disease Control and Prevention

Annual Meeting Registration Form

When: Tuesday, October 6, 2009
Where: The Black Bear Inn and Conference Center, 4 Godfrey Drive, Orono, ME
Time: 7:30-8:30 Registration and Continental Breakfast
 8:30 a.m.-4:00 p.m. Lunch and Breaks Provided
Cost: No Fee - registration is required and includes lunch and materials
Who: HMP Directors, Regional Tobacco Coordinators, Substance Abuse Professionals, School Health Coordinators, and other HMP staff and subcontractors funded by the MCDC HMP Contract.

Agenda

Morning		Afternoon	
7:30	Registration	11:45	Lunch / Networking
8:30	Welcome: Andy Finch	12:45	Breakout Sessions (4 concurrent)
8:45	“Successes at Home” Opening Speaker: Barbara Leonard	1:45	Evaluation, Highlights of Your Success: Maine Center for Public Health Evaluation Team
9:30	Update on H1N1	2:15	Break
9:45	Break	2:30	Breakout Sessions (4 concurrent)
10:00	Policy Presentation	3:30	Peer Recognition by Health Promotion Category
10:45	Breakout Sessions (4 concurrent)	4:00	Adjourn

Please provide the information below:

Agency: _____
 Address: _____
 City: _____ State: _____ Zip Code: _____
 Phone: _____ Fax: _____
 Email of primary contact to receive confirmation: _____

Names of the participants you are registering for this workshop:

Participant Choices for Breakout Sessions:

Session 1 Session 2 Session 3

#1) _____

#2) _____

#3) _____

Special Accommodations – PLEASE INDICATE IF ANY PARTICIPANT REQUIRES SPECIAL ACCOMODATIONS

American Sign Language Interpreter & Assistive Listening Devices are available upon request. Conference site is ADA compliant. *Please indicate if any participants need Special Accommodations:*

Sign Language Interpreter Assistive Listening Device Other (dietary, etc.): _____

Cancellation and Deadline to Register Policy: Space is limited for this workshop so please register as soon as possible. If you need to cancel, please send an email to adcare@neias.org

PLEASE REGISTER ONLINE: <http://www.neias.org/HMP1009.html>
FAX: 207-621-2550
SNAIL MAIL: AdCare Educational Institute of Maine, Inc., 75 Stone St., Augusta, ME 04330

Session One Breakout Descriptions (4 concurrent sessions)

1A. Working Healthy! Award Recognition Program

Learn how to get into the door of businesses with your program objectives surrounding policy. This can be a district wide HMP program, come see how it was done in the Western Maine HMP district. See how celebrating the smallest ripple of achievement has created waves of change that affect many! *Western District Healthy Maine Partnerships*

1B. Youth-Driven Community Tobacco-Free Policies: A Success Story

A panel discussion about the collaborative efforts by a local Healthy Maine Partnership, Community Partner and a YAP Group to develop a tobacco-free policy to protect the local Land Trust properties in Androscoggin County. Come and learn more about the successes and challenges of this type of partnership. *Sarah Mayberry, District Tobacco Coordinator & Lisa Dunning, Health Promotion/Youth Coordinator, Healthy Androscoggin*

1C. Daily Physical Education/Activity: The Magic Bullet & Mt. Ararat – From the Gold Coast of A La Carte to a World of Salad Bars and Guiding Stars

Participants will understand how Pittston School was able to implement daily physical education for all 5th grade students and how Pittston will expand upon the program for the 2009-2010 school year. *Shelly Simpson, Principal, Pittston Elementary School & Anthony Anderson, School Health Coordinator, MSAD 11*

& This session will take attendees along the odyssey RSU 75 has experienced as they have moved from selling the ultimate junk food known to man (or kid in our case), to vegan salad bar selections and nutrient rich guidance from private sector partners. Those who attend will leave "seeing stars"! *Mary Booth, Health Coordinator, MSAD 75*

1D. News from the Field: District-Wide Collaborative to Present Substance Abuse in the Central District

Participants will consider the concept of "community readiness" and its critical importance in selecting and implementing useful, effective prevention strategies at the local level. Panel members will describe staff efforts to collaborate across HMP service areas in the Central Maine District, and the impact that this kind of collaboration can have on enhancing community readiness. *Alison Webb, Public Health Specialist, MaineGeneral Prevention Center*

Session Two Breakout Descriptions (4 concurrent sessions)

2A. Successful Partnerships in Addressing PAN in Schools & Supplemental Nutrition Assistance Program –Nutrition Education (SNAP-ED)

This session is focused on fostering positive collaboration between Healthy Maine Partnerships and schools and community organizations utilizing the 5-2-1-0 philosophy. Session will include sharing of success stories from a local 5-2-1-0 champion and an overview of Coastal Healthy Communities Coalition pilot 5-2-1-0 Community and School Mini-Grant program. *Bethany Fortier, Project Director, Coastal Healthy Communities Coalition/UNE*

& The discourse of this presentation will reflect the fundamental elements of the Supplemental Nutrition Assistance Education Program (SNAP-ED), formerly known as Food Stamp Nutrition Education (FSNE). Focus will be on the following: network collaboration; goal of implementation; supporting objectives; target audience; marketing strategy; method of delivery; curriculum; additional ancillaries; participant evaluation data; challenges, successes and the future collaboration and resources needed for the continuation of nutrition education throughout Somerset County and beyond. *Marlyne Perez, SNAP-ED Co-Project Manager, SVHCC*

2B. Partners in Capacity Building: Engaging Local HMPs with Technology – Part 1

Penquis and Central Districts collaboratively used their Capacity Building Funds to 1) co-create a web presence titled "Partners in Capacity Building" that assists in collaboration and cross training/orientation across distances and 2) become trained in developing resources with low- and no-cost technologies. This 2 hour workshop will provide an overview of the on-line environment and training/orientation capability in the first hour, and provide hands-on experience in creating material that may be included in a "This is Public Health – in Maine" Video to be posted on the website. *Joanne Joy, Director, Healthy Communities of the Capital Area*

2C. Using Process Improvement in Prevention

"Using Process Improvement in Prevention" will discuss how rapid cycle process improvement techniques can be used within community-based prevention programming to increase participant access to and retention in prevention activities. *Deb Brucker, Manager, Maine Office of Substance Abuse*

2D. Farm to School: Maine Local Food Programs

Farmers are delivering food to schools, children are planting gardens on school grounds, and school food service are cooking up meals with fresh local ingredients. Come to this workshop to learn more about farm to school programs in Maine and take part in a discussion about the food system. *Sue DeBlicke, Regina Grobravac, Ken Morse, Healthy Acadia & Healthy Oxford Hills*

Session Three Breakout Descriptions (4 concurrent sessions)

3A. Program Evaluation: Tips and Tools

Using the article “A six-step model for evaluation of community-based physical activity programs” as our guide, we will lead practitioners through the CDC’s six-step model. As with the guiding article, we will lead participants through the six steps using worksheets provided in the Physical Activity Evaluation Handbook (available on-line). Considerable time will be spent on developing the logic model and the evaluation grid (comprised of evaluation questions, indicators, data sources, and performance objectives). *Ruth Dufresne, HMP/CVHP Evaluator, Sarah Martin, HMP Lead Evaluator*

3B. Partners in Capacity Building: Engaging Local HMPs with Technology – Part 2

Penquis and Central Districts collaboratively used their Capacity Building Funds to 1) co-create a web presence titled “Partners in Capacity Building” that assists in collaboration and cross training/orientation across distances and 2) become trained in developing resources with low- and no-cost technologies. This 2 hour workshop will provide an overview of the on-line environment and training/orientation capability in the first hour, and provide hands-on experience in creating material that may be included in a “This is Public Health – in Maine” Video to be posted on the website. *Joanne Joy, Director, Healthy Communities of the Capital Area*

3C. Adapting Strategies to Reach Sub-Populations: A Case Study of HowUR.org

Participants will examine the process of adapting and targeting strategies to reach a sub-population by looking at the experience of creating Howur.org, a health promotion and prevention website for the LGBT young adult population in Cumberland County. Creating meaningful and sustaining collaboration between HMPs and community-based organizations will also be included in the discussion. *Liz Blackwell-Moore, Substance Abuse Program Manager, PROP’s Communities Promoting Health Coalition*

3D. Fresh From the Pantry & Eating Healthy on a Budget: A Food Pantry Pilot Program

With mini-grant assistance from the Healthy Casco Bay HMP, Freeport volunteers created a CSA donation program to provide the community food pantry with fresh, locally-grown produce on a regular basis. The Fresh from the Pantry project also provided nutrition and food education for low income clientele, emphasizing how to use the seasonal produce the program provided. *James C. Tasse, Ph.D, Project Director, Healthy Casco Bay*

Are you looking for a creative way to support your local food pantries in improving the nutrition and eating habits of the pantry clients? This session will provide an overview of a pilot dine and learn/education series done in collaboration with Coastal Healthy Communities Coalition, Community House Kitchens, and the OOB Salvation Army Food Pantry. *Bethany Fortier, Project Director, Coastal Healthy Communities Coalition/UNE*