

## Inhalant Abuse in Maine High Risk Youth by County

**What is being used:** Inhalants include fuels (butane, propane, gasoline), solvents, paints and paint thinners, glues and adhesives, engine starting sprays, computer cleaners, permanent magic markers, dry erase markers, typewriter correction fluid, nail polish remover, dry-cleaning agents, certain gasses (from air conditioners and fire extinguishers, nitrous oxide from cans of whipped cream), air fresheners and any product packaged in an aerosol can.

**Patterns of use:** There are many patterns of inhalant abuse. These patterns vary across the State of Maine and by age, sex, and race/ethnicity. For some children, this is not just dangerous experimentation but an addiction. Use may start as early as the third grade. Younger children may just abuse inhalants while older youth are more likely to abuse inhalants with alcohol and other drugs.

### Facts about inhalant abuse among Maine students grades six through twelve:<sup>†</sup>

|   |                     |       |
|---|---------------------|-------|
| <b>1. Overall lifetime rate for Maine schools</b> |                     |       |
| <b>Top four counties from the 2008 MYDAUS:</b>    | Sagadahoc           | 13.4% |
|   | Knox                | 12.2% |
|   | Lincoln             | 11.8% |
|   | Piscataquis         | 11.8% |
| <b>Top four counties from the 2006 MYDAUS:</b>    | Knox                | 15.7% |
|   | Lincoln             | 14.0% |
|   | Androscoggin        | 13.4% |
|   | Piscataquis         | 13.3% |
| <b>Top four counties from the 2004 MYDAUS:</b>    | Waldo               | 16.6% |
|   | Knox                | 15.8% |
|   | Somerset            | 13.3% |
|   | York                | 13.3% |
| <b>2. Previous 30 day use for Maine schools</b>   |                     |       |
| <b>Top four counties from the 2008 MYDAUS:</b>    | Knox                | 4.9%  |
|   | Lincoln             | 4.8%  |
|   | Piscataquis         | 4.6%  |
|   | Androscoggin/Oxford | 4.3%  |
| <b>Top four counties from the 2006 MYDAUS:</b>    | Piscataquis         | 6.8%  |
|   | Androscoggin        | 5.6%  |
|   | Oxford              | 5.6%  |
|   | York                | 5.2%  |
| <b>Top four counties from the 2004 MYDAUS:</b>    | Waldo               | 7.5%  |
|   | Knox                | 6.1%  |
|   | Somerset            | 5.5%  |
|   | Kennebec            | 5.4%  |

<sup>†</sup> "2008 Maine Youth Drug and Alcohol Use Survey," Maine Office of Substance Abuse, 2008.

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### Maine Inhalant Abuse Prevention Work Group

A Project of the New England Institute of Addiction Studies / Funded by the Maine Office of Substance Abuse

For more information about inhalants please contact

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